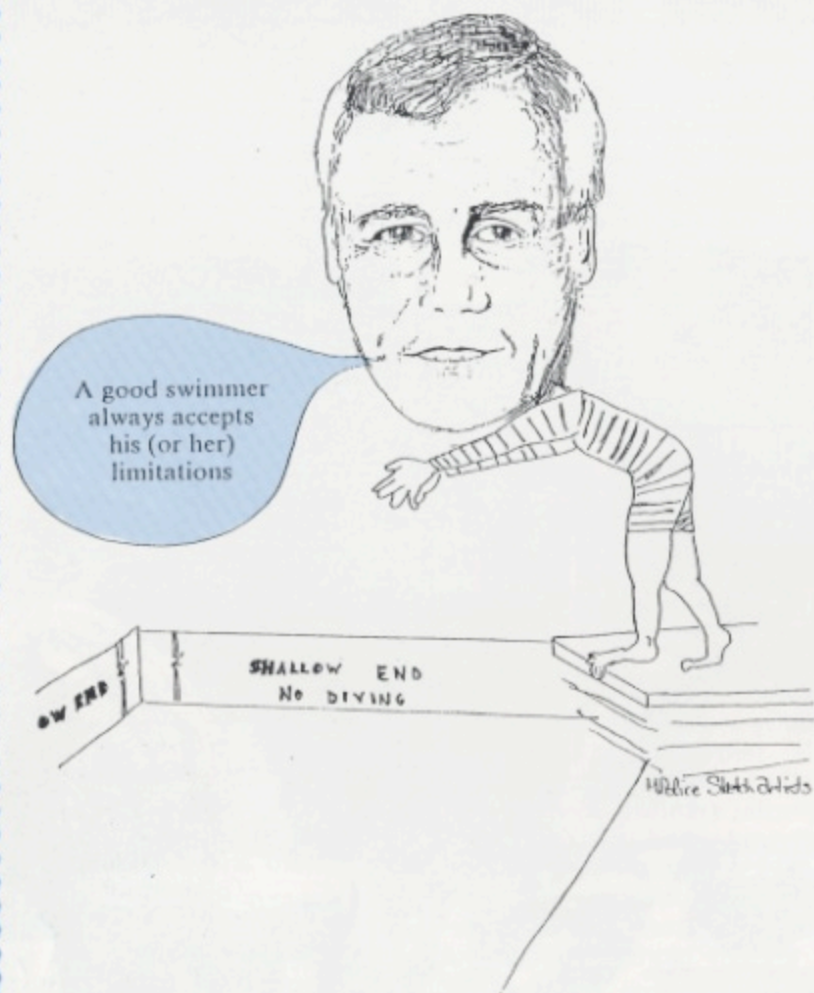


THE Blue Beret

May 1991



GENERAL WATER SAFETY TIPS



Miss Antigoni Kyriakides works in a tiny office deep within the confines of Headquarters UNFICYP. Her job title is Senior Data Processor (SDP), which simply means she is the computer buff for the whole of UNFICYP! On many occasions, her expert assistance is called for at short notice. Antigoni has been with UNFICYP now for five years and still manages a smile, even though her day is constantly a hectic one.

Keep on smiling Antigoni!



WHO IS WHO?

It was recently noticed that a young, good-looking Austrian soldier was appearing in two places - at the same time!

On enquiry, it was discovered that identical twins are currently serving as members of the UN MP Security Platoon. LCpls Gregor (right) and Rainer (left) Zeilinger were born on 27 June 1970 - Gregor is senior, by 15 minutes! These boys also have the same hobbies - kickboxing, horse riding and combat shooting.

On the right of the photo is WO1 Hannes Holek, the Sgt Maj of the HQ UNFICYP Austrian Element, who left UNFICYP last March.



The Blue Beret



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The Blue Beret is the house journal of the United Nations Force in Cyprus and as such, is intended to provide a source of information on current events within the Force, on UN matters of general interest and on local tourist advice.

Articles of general interest are invited from all members of the Force. Photographs should be in black and white on glossy paper size 160mm by 210mm. This is an official publication prepared under the direction of the Force Commander. The views expressed are, however, those of the author concerned and do not necessarily conform with official policy.

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Front Cover

The Blues and Royals
in UNFICYP
by SSgt Kev Capon

EDITORIAL

"O who gives a hoot
For a fig leaf suit
When the North East Wind
Blows chilly"

Walter de la Mare

It's fig leaf time again, the long hot summer has arrived and after an arduous spell of duty, isn't it marvellous to get away from it all and head for a favourite beach or pool to unwind and soak up the Cyprus sun? Anxiety to be first on the beach, an absolute need to get the best tan, a heat inspired thirst that can only be slaked with a liberal intake of a cool alcohol-based beverage, can be the cause of a mishap or accident, easily preventable and much regretted. Over the next few issues, with the assistance of well-known UNFICYP personalities and some well chosen articles, the Blue Beret hopes to convince readers that a little forethought and moderation will ensure that recreation time can still be fun time.

Contents:

GENERAL WATER SAFETY TIPS	2
EDITORIAL	3
REGIMENTAL BAND OF THE QUEEN'S OWN HUSSARS ..	4
THE UNSUNG HEROES	5
EASTER CEREMONY IN SECTOR FOUR	6
LEDRA - PALACE OR BARRACK?	7
DENMARK	8
CHURCH AT SKOURIOTISSA/CAPTIONS COMPETITION	9
SWEDCIVPOL NEWS	10
FSC SQN - INTER UNIT RELATIONS	11
UNFICYP UNITS KEEPING FIT	12
APPETIZING APPLES	13
AUSTCIVPOL NEWS	14
UN MP COY MEDAL PARADE/SECTOR TWO CHEFS	15
EN PASSANT	16

REGIMENTAL BAND OF THE QUEEN'S OWN HUSSARS

The Band of The Queen's Own Hussars has been in existence as long as the Regiment, some 306 years to date. In fact, members of the Band will suggest it was actually formed first, in order to march recruits from their places of enlistment to barracks, but sadly there is no surviving document that can prove this, so it must remain wishful thinking on our part.

Initially composed of hautbois (a primitive form of oboe) and side drums, the Band was a maximum of 24 strong in 1685. The present Band consists of woodwind, brass and percussion instrumentalists up to a maximum of 22 plus a Warrant Officer as Bandmaster.

When the Regiment is in its normal armoured role the Band has to fulfil two roles; that of supplying musical support for both our own Regiment and others in the British Army who do not have their own Band, and also to supply medical support when required. The importance of this second role was shown recently when a number of British Bands supported the Medical Services in the recent Gulf conflict.

During our Cyprus tour however, the Band has broadened its horizons and tackled something completely different and, we think, unique. The plan was to "down tools", sign out weapons and become a part of the Eastern Squadron of Sector Two manning the OPs. This we believe to be the first time a Band has been employed in this role in Sector Two. After four months of operational duty we were to reform as a Band, regain our musical standards, perform at the BRITCON Medal Parade and then return to BAOR. Like most plans, this looked good on paper and was working well until two



Sector Two Jazz Band entertain at B-28

days before the DANCON Medal Parade. Another band, due to perform at the DANCON Parade, had to pull out at short notice due to operational duties, and after some very fast work with the duty roster we managed to fill in for them.



It was at the DANCON Parade that we were noticed, and in no time the musical requests came flooding in - so much for an operational tour! Happily we were able to combine the operational and musical sides to most people's satisfaction; apologies if your job was the one we couldn't do! Thanks must go to all those who were willing to help us, in particular all those who had to stand in on the line, sometimes at short notice, and not least to those in the Band who had to work the hardest.

Having enjoyed life doing something different at BC-21, B-28, Ayios Nikolaos, Cape Greco, Dhekelia, and in one case, Troodos, we all met again at St David's Camp in Sector Two during April, to dust off the uniforms and blow the cobwebs out of the instruments. This is when we discovered that playing a musical instrument is a skill much the same as riding a bicycle - once learned, you never forget. By the time you read this we will have performed at the UN Spring Fair and BRITCON Medal Parade, and you can judge for yourselves how close we are to playing well again.

We have enjoyed our time in Cyprus and made many new friends. Our future itinerary will take us all over Europe, so if you see us performing anywhere, please come up and say hello, or even better, buy one of our cassettes!

So until we meet again, we wish you all a safe and happy tour, and goodbye for now from the Band of The Queen's Own Hussars.



Sgt Lakeman leads BdsM Edginton on patrol from B-28

THE UNSUNG HEROES



Members of the Army and civilian staff receiving their diplomas

"Slopcon", "Ration Assassins" and "Cabbage Mechanics", as the ACC are affectionately known, celebrated their 50th birthday on 22 March 1991.

We were first formed in 1941 during the Second World War; prior to this, the regiments and units had their own Regimental Cooks. This went on until 1925 when only Sergeant Cooks were sent to Clayton Barracks, Aldershot to receive any training. So standards weren't very high (meat, two veg and pudding). The Government realised that something had to be done, as an Army does march on its stomach and good, hot food in dire conditions is a great morale booster. So, on 22 March 1941, the ACC was formed.

The school at Clayton Barracks could only cope with 240 men. So, a new school at St Omer Barracks was opened where a double shift system was introduced from 0600 hrs to 2000 hrs which turned out thousands of cooks.

During the Second World War, the ACC grew to 50,000 strong. Since these times, we have strived to compete with our civilian counterparts, and we now take part in civilian competitions at international and national levels in which we have proved very successful.

Although our numbers have dropped to 4,500, we still maintain our own very high standards, resulting in long working hours and very little time off. Every chef is

trained up to a basic army standard, able to handle a range of weaponry; the ACC motto is "We sustain", but the philosophy is soldier first, chef second.

There are 13 chefs serving with the UN Contingent in Jubilee Camp, most of whom are on six month operational tours, with the exception of the Master Chef and the SSgt in the Officers' Mess, who provide continuity and stability.



LCpl Gary Roberts (above) enlisted into the Army in December 1986, joining the junior leaders at the Army Apprentices College, Harrogate.

LCpl Roberts was attached to 254 (UNFICYP) Signal Squadron as a Commcen operator in October 1990 and is now coming to the end of his six month tour. Roberts is a keen sportsman and has boxed at regimental level with his parent unit in West Germany. While serving with the UNFICYP Signal Squadron, he took part in the Support Regiment Military Skills Competition as a key member of the winning team.



The FC, Maj Gen C Milner, waits while the ALO, Flt Lt Phil Walsh, carries out a pre-flight check on UNFICYP's latest transport acquisition prior to the FC's inaugural solo gallop. It was presented by the departing CO DANCON, Lt Col Ole Hansen, as a solution to the CPLO's constant demands for reduced mileage quotas.

EASTER CEREMONY IN SECTOR FOUR



"This is the bread..."

On Saturday 30 March, the Austrian Battalion held its Easter Mass at Camp Duke Leopold V, celebrated by Chaplain Stadelmann.

During this event, there were two highlights. First, there was the "consecration of meat" and other Easter "goods", which is a typical Austrian custom and traditionally indicates the end of Lent.



The proud father

In addition to this, a baptismal ceremony took place. The parents, ROWO Hamun and his wife Nie (a Chinese citizen) have been in Cyprus since June 1990. On this occasion, their son,



Chaplain Stadelmann "in action"

born on 12 October 1990 in Nicosia, was baptised Pierre. Sgt Maj Eder of HQ Coy was the Godfather. In fact, the newly baptised baby played the part of the "newborn Jesus" at the UNAB's Christmas ceremony 1990.

Many devout soldiers attended the Easter Mass, some with relatives. Even though they were far away, it reminded everyone of home, since included in the celebrations was the traditional Easter fire. Directly after the Mass, the consecrated donations were offered to the congregation.



The baptism of little Pierre



Devout people celebrating the Easter Mass

LEDRA - PALACE OR BARRACK?

By Lt Brian Nelson

I am sure there are many people in UNFICYP who think that some of the Canucks in Sector Three are living in the lap of luxury. I mean living in Nicosia city in the once grand Ledra Palace Hotel should be a swan (a soft touch).

To start off with, everyone who works within the city does not live in the Ledra Palace. There are three platoon houses and a section house also located along the Buffer Zone, within the confines of Nicosia. First there is Irish Bridge Section House overlooking the Pedhios River in the old embassy area. Moving east into the walled city, there is Maple House and Frezenberg House, both platoon houses belonging to City Company. Lastly in the north eastern suburb of Omorphita is Ortona House, which belongs to Rural Company.

But just west of the walled city is the Ledra Palace Hotel and the Wolseley Barracks complex, Headquarters for Sector Three. There is one man who can really tell what Ledra Palace is all about. He happens to be Warrant Officer (WO) Bludd, the Manager of the Hotel. He likes to point out right away that the Ledra is a barrack, and not an hotel. It may appear to be comfortable compared to what other people live in, but there are inconveniences - like problems with water, especially when one of the boilers is out of service, and compared to the troops on the line, we don't have air conditioning.

I asked WO Bludd if running Ledra Palace is what he thought it would be? He said "I had different visions of it; there's more emphasis on crisis management such as being woken up at 0400 hrs by the fire picket to deal with a broken water pipe".

There are 200 rooms available for use by UNFICYP, which is a fair bit less than during its glory days as an hotel. There is an entire floor on one wing closed off due to damage in 1974. WO Bludd's duties include supervising the cleaning and maintenance of



WO Bludd with Cpl MacDonald, constantly going over schedules to ensure nothing has been forgotten

the facility, as well as maintaining the pool and providing laundry facilities through a local contractor. He does this with a staff of both military and civilian labour. His second in command, Master Corporal Hunt, looks after the pool, while Corporals Hostler and MacDonald handle the turn around for laundry. The Force Reserve Platoon and City Company provide a couple of general duty personnel when required to do small jobs around the hotel.

There is an extensive staff of civilian workers from cleaners to plumbers and electricians to maintain the Ledra Palace. There is a Cypriot foreman who assists WO Bludd in managing that staff.

Each day the Ledra Manager walks the building to check on the work being done and see if trouble spots are acting up. This daily walk takes roughly 1 1/2 hours - a complete check of the building would take six to seven hours.

The most important duty revolves around the whole reason we in UNFICYP are here - to facilitate the two communities getting together. Due to its location, the majority of intercommunal talks and family get-togethers occur in the Ledra Palace conference room. The man behind the scenes ensuring the facility and services are ready for the talks is the Hotel Manager. With all the routine work in Ledra, it is the preparations for the talks which are of the utmost importance for WO Bludd.

When pressed to know who the most demanding person living in Ledra Palace was, WO Bludd responded: "Anyone above the rank of WO - the rest you can tell to hold off and wait". For the often overlooked position of Ledra Palace Manager, the WO said the best fringe benefit is the "accommodation assigned to the Manager".

WO Bludd describes his job as a "Super Barrack Warden and information service". So if you want to know what the Ledra Palace Hotel is like, ask the man who runs it - if you can catch up with him on his busy schedule.



Cpl MacDonald checking out the supply of bottled water. The Canadian Forces provides 18 litres per man per week - that's 3,600 litres of water in one week for Ledra Palace!

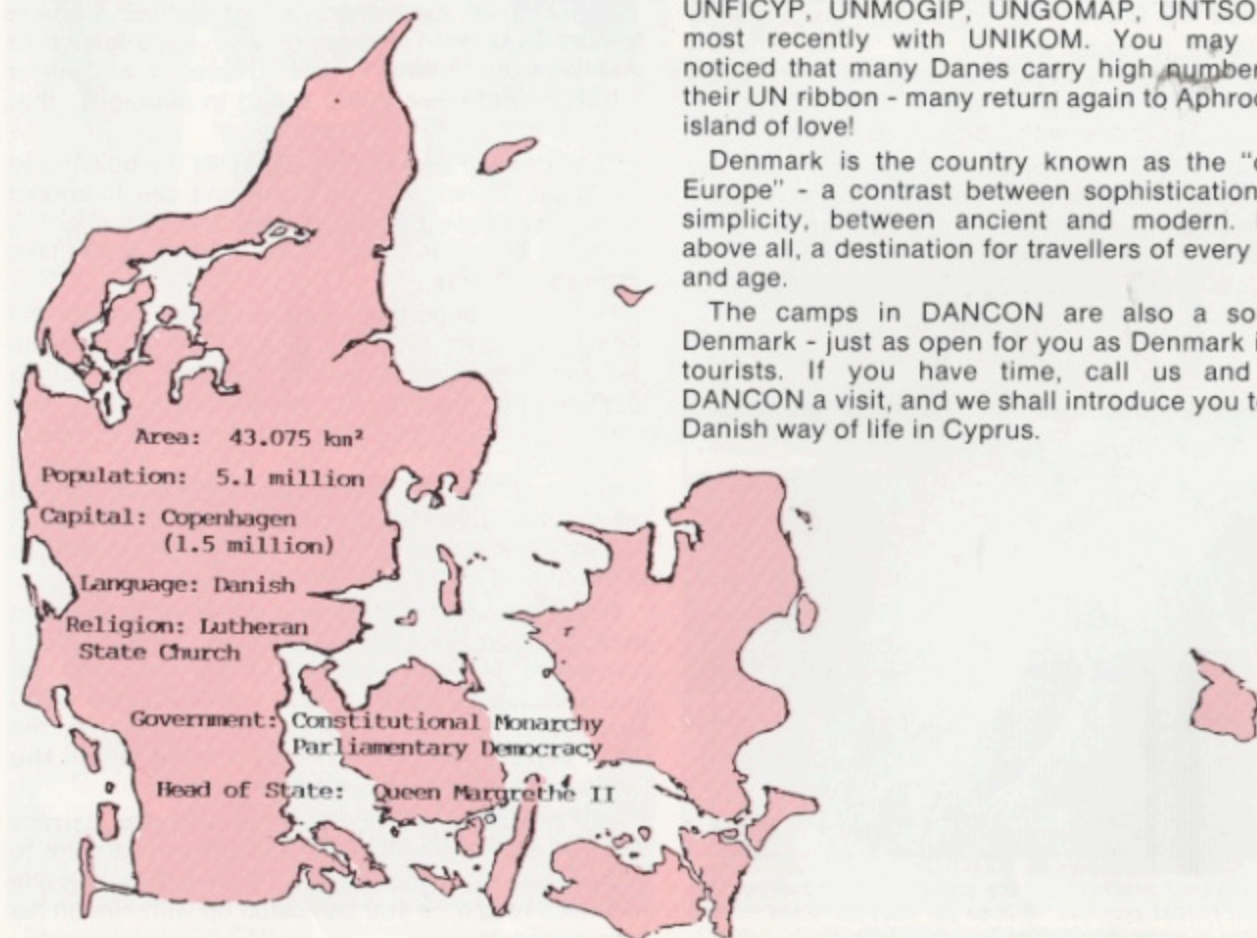
DENMARK



On 12 November 1990, the third chartered Maersk Air Boeing 727 arrived at Larnaca International Airport, carrying the last soldiers to make up DANCON/54. We Danes have a very specific attitude to life and perhaps it may help to gain a short appreciation of the country that is our home.

In a brochure by the Danish Tourist Board, it states: "Much of Denmark appears to have sprung from the pages of a fairy tale by Hans Christian Andersen, Denmark's most famous citizen, whose stories were first published more than a century and a half ago. Apart from the bible, no writings have been translated into more languages than those of Andersen, whose much-loved fables include The Emperor's New Clothes, The Red Shoes and The Little Mermaid, which provided the inspiration for the statue that watches over Copenhagen's harbour". However, Denmark is not just a fairy tale you read about. Denmark is a place full of life - just like DANCON!

Located between the North Sea and the Baltic, Denmark is part of Scandinavia, the only Nordic country to be a member of the EEC. Denmark consists of 500 islands, with only one border - to Germany, and from there on to Europe. The Farao Islands and Greenland are also part of the Danish Kingdom under nominal rule, which means that they have their own parliaments, but the same head of state.



The Danes are descendants from the famous Vikings who once conquered many other parts of Europe. The name "Denmark" was first used in the eighth century, although it is believed that Danes lived in Denmark from 300 years BC.

In the year 950, King Gorm the Old united what today is known as Denmark. King Gorm the Old is the first real King of Denmark, and even though over 1,000 years have passed, our present Queen Margrethe II is a true descendant of the first Danish King. The Kingdom of Denmark is secured by Crown Prince Frederik - himself a 1/Lt in the Royal Guard Hussars.

Denmark itself has very few raw materials, therefore Denmark has to import almost everything. The Danes are, however, famous for their farming and their know-how, with agricultural products like cheese, bacon, etc. which are exported all over the world. In Cyprus, Denmark is famous for Carlsberg beer!

DANCON/54 is an infantry battalion consisting of 430 men. The Commander is based at Viking Camp in Xeros. Also located in Xeros is the HQ Coy, including a HQ platoon and service and support units. B Coy is located in Skouriotissa, and C Coy in Limnitis Camp. Last but not least, DANCON has four officers working in HQ UNFICYP, along with the Chief of Staff and his ADC.

Today, Danish personnel are stationed with UNFICYP, UNMOGIP, UNGOMAP, UNTSO and most recently with UNIKOM. You may have noticed that many Danes carry high numbers on their UN ribbon - many return again to Aphrodite's island of love!

Denmark is the country known as the "other Europe" - a contrast between sophistication and simplicity, between ancient and modern. It is, above all, a destination for travellers of every taste and age.

The camps in DANCON are also a sort of Denmark - just as open for you as Denmark is for tourists. If you have time, call us and pay DANCON a visit, and we shall introduce you to the Danish way of life in Cyprus.

CHURCH AT SKOURIOTISSA



The Cyprus Mine Corporation (CMC) took possession of the Skouriotissa area in 1912. At first it was primarily gold that was found in the subterranean mines, which was taken to Xeros and exported from there. At one time, this was a very active gold-mining area employing over 3,500 people. This continued until 1960, when copper mining started.

Within the fence of Skouriotissa Camp, we have one of the oldest churches in Cyprus (shown left). Until 1962, the church belonged to the Skouriotissa Monastery, which was occupied by 50 monks who owned the land surrounding the monastery and earned their living by farming.

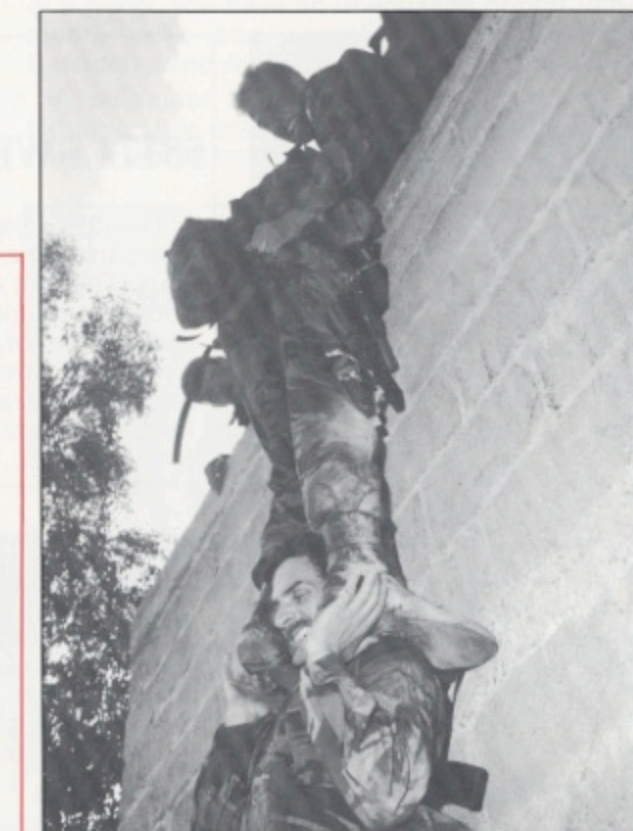
Today, the church is still visited by local people and every second week, the Danes hold services there conducted by the Danish padre.

CAPTIONS COMPETITION



Last month's caption competition was won by SSgt C Madsen, Finance Office, HQ DANCON.

This month, the photo below should provide more food for thought, so hurry up and either write in to the MPIO, HQ UNFICYP, or phone us on Ext 2235 by 14 June 1991.



Sgt Andy Lees is currently serving on a six month tour with UNFICYP Wksp. He is IC of the UN Recovery Section, who are responsible for recovery of all UN vehicles and the fleet of Astra cars.

Sgt Lees is married with a daughter. He is a keen rugby player - but willing to have a go at any sport!

57TH SWEDISH CIVILIAN POLICE UNIT SAY THANKS AND GOODBYE



On 22/23 April, the 57th Swedish Civilian Police Unit departed from Cyprus. All police officers would like to say "thanks and goodbye" to all fellow peace-keepers in UNFICYP and to all their friends who made this mission very enjoyable. We also want to wish the new Swedish Police Unit 58 good luck in their peace-keeping work on the island.

Top: left to right: Christer Tholinsson, Jan-Ake Fredriksson, Lars Wallberg, Anders Fockman, Björn Astell, Lars-Erik Svanberg, Claes Hedbom, Jonny Thomann, Anders Wretling, Lars Juneklint and Ulf Nord.

Bottom: left to right: Anders Ahlgren, Thomas Fasth, Stig Morin, Håkan Thelin, Curt Larsson, Ulf Sjöberg, Anders Johansson, Staffan Vestbom.

ARRIVAL OF THE 58TH SWEDISH CIVILIAN POLICE UNIT

The 58th Swedish Civilian Police Unit, which arrived on 15 April, has now completely taken over its assignment here in Cyprus. The unit consists of police officers from varying workfields and different places in Sweden. What they have in common is a vast amount of police experience. These officers are used to working under stress, and also to dealing with people in difficult situations. Several of them have been UN soldiers and UN Civilian Police Officers before. For the first time in the long history of SWEDCIVPOL, you will find female Police Officers in the unit.



The above have extended their tour and will stay on to join Unit 58 until 13 October 1991.

Back, left to right: Insp Ulf Nord and Insp Lars Wallberg

Front, left to right: Ch Supt Håkan Thelin and Supt Curt Larsson

Back, left to right: Insp Berg Hag, Insp Åke Eliasson, Insp Sören Johansson, Insp Kjell Hermansson, Insp Mats Ljungwald, Insp Anette Pipping, Insp Toivo Poruntaka, Insp Helene Görtzen
Front, left to right: Ch Insp Harry Hedlund, Ch Insp Claes Rosman, Ch Insp Hans Delén, Ch Insp Henry Wälitalo, Ch Insp Leif Jacobsson (POLOPS in Nicosia), Ch Insp Winn Wallström

FSC SQN - INTER UNIT RELATIONS



2Lt Rucker of The Queen's Own Hussars enjoys a ride in a Ferret

Other than being posted abroad and carrying out an inherently very rewarding role, one of the most valuable aspects of being a member of the UN is the chance to work with a variety of nations. For those wishing to reap the full benefit of the latter, being a member of the Ferret Scout Car Squadron gives you a tremendous head start.

The present unit, The Blues and Royals, operate a five week rota system. A troop spends five weeks



Ct Kent with a Danish light machine gun



Members of Rural Coy PPCLI and 4 Troop FSC Sqn

with each line contingent, Sector Three necessitating both a city and a rural stint. This, plus a two week leave period, fills up the allocated tour length - six months.

In Sectors One, Three and Four, the troops actually live with the operationally controlling unit for the whole period. Consequently, as a member of a troop, you have an unequalled opportunity to meet, work and socialise with the Danes, Canadians and Austrians.

A particular troop is very much a temporary fixture as it is only on each site for five weeks at a time. It would be too easy for the time to fly past,



LCpl Abbot, understanding what lack of co-operation is all about

as it tends to do in Cyprus, without any true involvement between the resident unit and the transient one. It is perhaps the bond of being under the same sky blue UN umbrella that prevents such lack of participation occurring. Of course, effort has to be made by both sides to attain the rewards of getting to know another culture, sense of humour and really another entire nation. This effort is seldom wasted, as all reports testify, and the results are experiences that compose your judgement of a nation for the rest of your life.

UNFICYP UNITS KEEPING FIT



Start of the Duathlon

Multi-sports events such as the triathlon are growing in popularity around the world and on Sunday 7 April, AUSTCIVPOL staged a duathlon around the UNPA airfield. Competitors were required to run 2kms, cycle 15kms and then run a further 2kms. The event attracted a wide range of competitors who appreciated the sunny weather and light winds. Winners are as follows:

Open: Lt Garwood BRITCON, 46.35 mins

Under 18: Paul Henderson, 49.52 mins

Under 15 (mens): Michael Walsh, 1.15.15 mins

Over 35: WO Maier, AUSCON, 44.25 mins

Female Open: Sg: Schmidt, AUSTCIVPOL, 58.14 mins

Under 15 (women's): Adrienne Weldon, 1.23.32 mins

AUSTCIVPOL DUATHLON

UNFICYP FOOTBALL COMPETITION 1991/I

The 1991/1 UNFICYP Football Competition took place over two days, involving teams from all Sectors and four teams from the UNPA. Throughout the competition, all players entered into the spirit of the game, which made it enjoyable for players and supporters alike.

Major Grist and his band of referees must be thanked for managing to keep most players on the straight and narrow during the competition! Pictured below is the winning team from Sector Two.



SUPPORT REGIMENT SKILL AT ARMS MEETING - 4 APRIL 1991

Support Regiment held their bi-annual SAM on 4 April 1991. Pictured are the winning team from Wksp:

W02 Jim Goss, Cpl Steve Tully, LCpl Chris Hill, SSgt Paul Town, LCpl Seth Wilkinson, Major Digby Merrett, W01 John Olejnik, Cpl Bob Hamilton.

AUSTCIVPOL NEWS



NEW FACES AT PERISTERONA



Station Sergeant Brian Graham

A very experienced police officer with a background in drug operations and national criminal investigation. Brian is a native of Queensland and likes surfing and other water sports.

The 34th Australian Police Contingent arrived in Cyprus on 22nd March and all have settled in well to their duties. The rotation has resulted in a complete changeover of staff at AUSTCIVPOL's station at Peristerona. Peristerona station is an accommodation unit situated on the outskirts of a village of the same name and is a familiar landmark for UNFICYP personnel driving to Troodos. AUSTCIVPOL stationed at Peristerona provide civilian police support to the Commander Sector Two. Their location also enables them to provide quick response to incidents in Sector One, should the need arise.

Sector Two includes large areas of intensively cultivated lands extending into the Buffer Zone. That naturally brings Peristerona members into close contact with local farmers and agricultural workers. Their duties have some humanitarian aspects and AUSTCIVPOL regularly attend village meetings together with Humanitarian Staff to discuss any problems and to build essential liaison and confidence.

AUSTCIVPOL stationed at Peristerona are self reliant. The accommodation has its own kitchen and laundry, places that some members are not always familiar with, but good cooks are quickly recognised and appreciated!



Sergeant Bret Simpson

Bret is also from community policing in Canberra. After the pace and pressures of a street policeman, Bret appreciates the country environment of Peristerona. He is active in a wide range of team sports.



Sergeant Mike Martin

From the City Patrol Branch in Canberra, Mike has long experience in community policing, dealing with people and their problems at the street level. His interests vary from flying to playing squash and breeding fish.



Left to right: Stn Sgt Brian Graham, Sgt Mike Martin, Sgt Bret Simpson, Sgt John Pearce



Sergeant John Pearce

John was born in UK but now works in the drug unit in Melbourne. He is married with two children and plays soccer and cricket. He is looking forward to a bit of rural life after living in a big city like Melbourne.

APPETIZING APPLES...

APPLE CHARLOTTE

3 oz. butter
8 oz. fresh white breadcrumbs
2 oz. demerara sugar
1 1/2 lb. cooking apples
1 lemon
2 tablespoons water
2 oz. castor sugar
1/4 pint double cream
coarsely grated chocolate



Melt butter in frying pan. Add breadcrumbs and fry slowly until crisp and golden, stirring frequently. When they are ready, remove from heat and blend in the demerara sugar.

In another pan put peeled, cored and sliced apples, lemon juice, water and castor sugar. Cover and cook until the apples are soft, then mash to a smooth purée. Leave to cool.

Put half the cooled apple purée into a 1 1/2 to 2 pint glass serving dish. Spread half the breadcrumbs on top. Repeat with a layer of apple and breadcrumbs. Leave to chill before serving. Just before serving spread or pipe lightly whipped cream on top of pudding and sprinkle with coarsely grated chocolate.

Serves 4.

COLE SLAW

1/2 head crisp white cabbage (about 1 lb.)
1 large carrot
2 red-skinned apples
2 tablespoons lemon juice
1 heaped dessertspoon grated onion
1/2 pint mayonnaise
salt and pepper to taste

Remove hard stem and coarse outer leaves from cabbage. Shred finely and put in cold water to crisp for 1/2 hour. Scrape and grate carrot. Quarter and core the apples, grate or chop finely. Sprinkle with lemon juice.

Drain cabbage well, mix with onion, carrot and apple. Toss lightly in the mayonnaise until all the ingredients are coated. Season to taste.

Serve this salad with cold meat such as thinly sliced ham, roast beef or lamb. It keeps very well in a screwtop jar or polythene container in the refrigerator for several days.

Note: There are many variations of this recipe. You can include a few caraway seeds, some chopped sweet green pepper, chopped salted nuts; or make a different dressing with 8 tablespoons French dressing and 4 oz. soured cream. Serves 4.

APPLE FLAN

12 oz. rich short crust or flan pastry
1 pint thick apple purée, well sweetened
3 dessert apples, peeled, cored and sliced
juice of 2 lemons
2 tablespoons apricot jam
2 tablespoons water



Line a 9-inch flan ring or tin with the pastry. Prick the base, and bake 'blind' for 5 minutes.

Fill the flan case with the apple purée. Toss the sliced apples in half the lemon juice, and top the flan with concentric slices of apple. Bake in a moderate oven for 25-30 minutes. Remove and cool.

Heat the jam, water and rest of lemon juice until syrupy but do not allow to boil. Press through a sieve and spoon over the tart to glaze. Serves 4-6

APPLE SCONE

1 medium cooking apple
8 oz. self-raising flour
1/2 teaspoon salt
1 level teaspoon baking powder
2 oz. butter
2 oz. castor sugar
Scant 1/4 pint milk

For the glaze:

little milk
1 oz. demerara sugar

Peel, core and finely chop apple. Sift together flour, salt and baking powder. Rub in butter, then add castor sugar and chopped apple. Mix to a soft, but not sticky dough with milk.

Roll out on a floured table a 1/4-inch thick, 8-inches round. Mark into 8 wedges. Place on a greased baking sheet, brush top with milk and sprinkle with demerara sugar. Bake in a moderately hot oven for 20-25 minutes.

Serve warm with butter.

APPLE MERINGUE

4 eggs
6 oz. castor sugar
2 oz. plain flour
4 teaspoons cocoa
1 lb. cooking apples
few cherries
few pieces angelica

Whisk 2 eggs and 2 oz. castor sugar together until thick enough to leave an impression of the whisk for a few seconds. Fold in the sifted flour and cocoa powder. Turn into a greased and floured 6-inch flan tin. Bake in centre of oven for 10-12 minutes. Turn on to a wire rack and cool. Increase oven heat to 425°F; Gas Mark 7.

Peel and core apples. Stew in a very little water until pulpy. Sweeten to taste. Separate remaining eggs. Beat yolks into the cooled apple mixture. Pour into the flan case and place on a fireproof plate.

Whisk egg whites until stiff and fold in remaining sugar. Pile on top of the apples and return to the oven for 3 to 4 minutes. Decorate with cherries and angelica. Serves 4.

UN MP COY MEDAL PARADE



Dogs with their handlers, Sgt Holmes and Cpl Roach

On 13 March 1991, the Chief of Staff, Brig Fredenslund, presented UN Medals to members of the UN MP Coy for their services with UNFICYP. A large number of guests turned up and enjoyed the spectacular view of personnel from seven different nations represented on parade (above).

The MP Coy used this occasion to present dog handlers Sgt Holmes and Cpl Roach of CDASU RAVC with a letter of appreciation for their extensive assistance given to UNFICYP and UN MP Coy. The dogs and their handlers have, on numerous occasions, assisted UN MP Coy in providing security searches of UN flights in Larnaca Airport.

A number of the personnel serving in UN MP Coy have been with UNFICYP for long periods. Amongst these, W02 Storch was awarded his UN silver numeral No. 11; W02 McNally and W02 Nemeth were awarded No. 4.

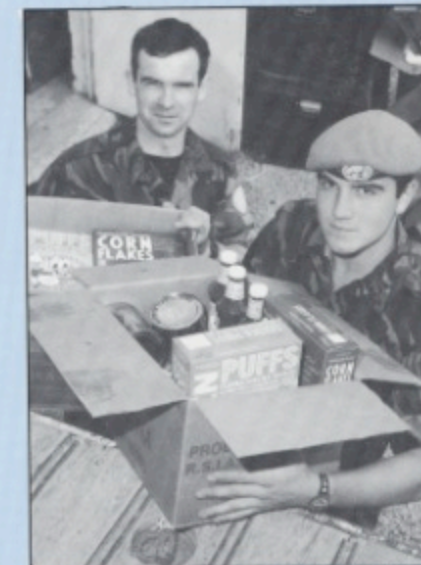


Sgt MKB Christensen being presented his medal by the COS, Brig Fredenslund

SECTOR TWO CHEFS

There is an old saying within the British Army: "An Army marches on its stomach". Here in Sector Two we are no exception. We have 12 Chefs from the Army Catering Corps plus the Master Chef, Sgt Chester, who take a close interest in all things gastronomic. Although they are all serving with The Queen's Own Hussars in Cyprus, only the Master Chef and Private Kenyon serve with the Regiment in BAOR. The remainder are Pool Chefs and are drawn from a variety of units in the British Army.

Food for Sector Two arrives at the Ration Store in St David's Camp, where Cpl Garrett distributes it via the Squadron Quartermaster Sergeants to the various OPs and Headquarters elements. With over 1,000 meals



Cpl Garrett (left) helps Tpr McNab load the daily rations

served each day, Cpl Garrett tends to be quite a busy man.

In most of the Section Houses and OPs, Hobby Cooks can be found hard at work. Hobby Cooks are not ACC Chefs, but Regimental soldiers who have volunteered to cook during their tour here in Cyprus. The results vary, but no-one has starved... yet! It is generally acknowledged that B-33 have the most talented Hobby Cook in the shape of Trooper Wholer. As he says: "The aim is to serve a meal that is satisfying, nutritious, and that leaves people contented".

As visitors to Sector Two have discovered, our Chefs and Hobby Cooks do a very good job, and even find time for those little touches like home-made biscuits.

en passant...

If you have any information you would like to see published in this section please telephone extension 2235 by 12 June 1991

The Force Commander regrets to announce the sudden death on 14 May 1991 of the Quartermaster Support Regiment, Lieutenant Colonel E.M. Anderson, AAC.

Mick Anderson joined the Army in March 1958 as a Gunner in the Royal Artillery. He saw active service in Malaya, Borneo, the Malay Peninsula and Northern Ireland. He transferred to the Army Air Corps in September 1974. He was commissioned as a Quartermaster in August 1979 and promoted to Lieutenant Colonel in October 1990. He has served with UNFICYP since February 1989.

Lt Col Anderson was much loved and respected by all the officers, soldiers civilians and their families both in the Regiment, the UNPA Garrison and Sectors. We offer our deepest sympathy to his wife Mary and their children.



VIP VISITS

Gen Sir David Ramsbotham
Adj Gen (BRITCON)
Brig Gen Vernon
Comd 1st Canadian Brigade
(CANCON)
Brig Hill
Comd Engr UKLF (BRITCON)
Maj Gen Harley
ACDS (O) (BRITCON)
Brig Parker-Bowles
DAVRS (BRITCON)
Maj Gen Botting, CBE
DGOS (BRITCON)
Brig Bell, MBE
Prov Marsh (Army) (BRITCON)
HE Mr Bell
Can High Comm (CANCON)
Brig J Gordon
DMO (BRITCON)
Mr Sutterlin
Former Dir, Office of Sec Gen
(HQ UNFICYP)
Brig Pack, OBE
Late RM (BRITCON)

PROMOTIONS

Congratulations go to the under-mentioned soldiers from Sector Two on gaining the following promotions:

Sgt Dixon (B-18) to SSgt
Cpl Dryden (B-18) to Sgt
Cpl Farthing (B-22) to Sgt
Tpr McGregor (B-18) to L/Cpl

RSM'S BIRTHDAY PARADE



For most of us, a slice of cake and a chorus of 'happy birthday' is all that is required, but for the Regimental Sergeant Major of The Queen's Own Hussars, nothing less than a full blooded parade would do. In fairness, it has to be pointed out that the RSM had nothing to do with the selection of the date for the Medal Parade!

The appointment of RSM came in June 1988, and on its completion in June 1991, W01 Hodgson will become Lt Hodgson. As to how old he was on the Medal Parade?? Well, that has to be left to braver souls to discover...

FAREWELL to:

Lt Col O Hansen
CO DANCON

Lt Col J Smedley
CO.Sp Regt

Maj R Brooks
OC Ord Det

Capt S Isaksson
JOC D03

WO2 L Kullgren
Ops Clerk 2

Sgt M Reher
Ops Clerk 1

WELCOME to:

Lt Col D Banja
CO DANCON
Lt Col I Stevens
CO Sp Regt
Supt L Jakobsson
A/POLOPS
Capt J Robson
OC Ord Det
Capt R Helminen
JOC D03
Sgt M Raff
Ops Clerk 1
Sgt S Svensson
Ops Clerk 2