The Blue Beret

Wednesday
9th January
1974

BLOOD DONATIONS

During 1973 personnel from UNFICYP gave 490 blood donations to hospitals on the island as follows:

- Sweden: 169 points
- Britain: 127 points
- Denmark: 61 points
- Greece: 49 points
- France: 33 points
- Japan: 22 points
- Austria: 19 points

This figure of 490 represents 16% of the total UNFICYP military strength and make a good contribution to the general welfare of both communities in Cyprus.

The differences in quantities of blood donated by contingents is related to locations, i.e. distances from blood banks of hospitals and number which varies from one hospital to another. Britain and France also donated blood to SBA hospitals but this is not shown in the above figure. Much more blood could be donated but this would defeat the overall aim of ensuring the local communities donate more of their own blood.

8 YEARS WITH UNFICYP

Major Eric Bouamel left Cyprus on the 5th January 1974 after serving altogether eight years with the United Nations Civil Police, during which time he was the Police Operations Officer 1968-1971 and the Executive Officer 1972 to 1974. There is nothing that Major Bouamel does not know about Cyprus and he will be greatly missed by all the members of UNFICYP. But as one old hand leaves, so another old hand takes his place. Major Leo Maier has already served 4 years in Cyprus as the Police Operations Officer, and the members of UNFICYP congratulate him on his new appointment.

OPEN LETTER FROM THE TRAFFIC POLICE

If you don't mind leaving this island in a coffin and don't mind if all whether you survive your trip here or not, just go on reading something else and go on driving in 1974 as you did in 1973.

But if you care to see your relatives and your country again — read on! Why not obey the speed limits? It is not difficult, they are clearly marked and even for a child to understand them. Why can't you? You are going to stay here for at least 4 months anyway so learn the life you save may be your own. Theaverage trip, according to work tickets, is less than 10 miles, so there is no hurry — you will survive — even!

If you obey the speed limits — long before your plane is due at the end of your tour.

The only trouble with driving is that everybody but you is a maniac! But remember all other drivers think the same about you. And perhaps sometimes, you are. Statistics show that most accidents happen because one driver does not understand what the other is going to do. Take for instance overtaking. You overtake — the driver you overtake does not know — he turns right — and then it happens. Look at the photo below — this was just what happened and the nearest ditch was 16 feet deep! The MP report will tell, but what do you think?

Happy New Year to you! Well you make ours, the MP's a happy one too, by keeping the number of traffic accidents down. We have other things to do besides attending to your smashed up vehicles, hospitals, and auto-poles...

Happy New Year.

Maj. Eric Bouamel hands over the appointment of executive Officer UNFICYP to Maj. Leo Maier, The Police Adviser, Chief Supt Hans Wagner looks on.

Col. Tom Gullion has been honored for 22 years of service and good conduct with the Canadian Armed Forces, Far East Province Marshall Major Roy Parker, on behalf of the actual presenting Col. Gullion with the special to the CD representing his long service. Col. Gullion besides serving with units in Canada, has also served in Korea, Germany, and at present in Cyprus.
**PIONERSEKTIONEN**


Af arbejdspågaver er der for tiden:

- I Limintril holder elektrikeren løbeværk kontrol med hele det elektriske system, samtidig med at der arbejdes på at forbedre det. Lyssørgtert på tændingsruten forventes færdiggjort under indført er en måde. Der er lige nævnt, at Public Works Department i den sidste tid har arbejdet på det nye kloaksystem i byen.

**DANCON NEWS**

I Kokkina har vi haft reparations- og opgaver, forud for vores arbejde på OP Marsura, hvor vi har installeret samt optaget skillevej. I Xeros er arbejdet med den således tilfreds stillende vasketilbehør. Pladser der er udstået, må ikke 6 x 8 meter, har afløb til fleksidet. Ligeledes er malingen af udendørs træværk og bygninger så godt som afsluttet. For tiden har dermed rigeligt med gøre med det indenfor, først og fremmest hovedvægten. Antageligt som en nylig højtideligt sammensattelse er et højdet med et lige påbegyndt.


**MINDEHJØTIDELIGHED I TROODOS**

Hvis man fra Nicosia kører op til Makhaeeos Klosteret, der ligger i den østlige del af Troodosbygningen, vil man ca. 1 km før man når klosteret, lidt til højre for vores vestlige bygning, på vores venstre side, i simpel stil, stå en lille sten, der markerer den sted, hvor ni St. Fer鄉er Haufer Lurser, 06.04.1943. — 16.01.1965 samt "in the service of peace. Dancon Uniforce."


Hver år på denne dag tager normalt fællesmønster, adskilligt samt nogle af de tjenestegivende ved DANCON fra JDR op til stedet og lægger en buket blomster ved det enkle kors, der står som et minde om en dansk soldat, der faldt i fredens tjendte.

**JUL 1973 PÅ CGC**

Det blev et ordenligt julefrokost for huseierne på CGC. De blev af huseierne afhentet og overvåget. Der var en festlig atmosfære, og det var en glad tilfældens fængeligt at vende tilbage til vores hjem og vores leve. Det var en forvirredende tid, men vi havde en glad tilfældens fængeligt afhentet.

**KS Carlsmann og Lønstrup, henvises maer og smed, aldrig deres arbejde: Vaskelisten.**

**SVERIGEN PLANERING**

Tillåtliga metallskytter dödar de av ett par uppsalor uppmätte- des härre dramatiskt strax norr om beläget. Skytterna är gravade och inskriptionen klargör att det svenska FN-husets 49 C området planerat 1.300 påstående. Idag med skyttens fick de sammanstân- de uppsalorna då de fick vara villigt ansvar för de svenska FN-mannen gjort hit för att förhindra träffbeslutet på en samt beherska den sandiga marken i området.

SKINS NEWS

STAGE ANNUAL CONCERT

Once again the 5th Royal Inniskilling Dragoon Guards, stationed at Polomhna, Camp, staged their annual Regimental Concert. The show was staged on the 27th and 28th of December to give all the soldiers in the Regiment a chance to come in from the outdoors and see the talent on display. The show was produced by that well-known impresario Major Jeremy Kerr and the company, that teller of tall stories, Major Bryan Clifton. Music for the show was by the Spectrum, a Regimental Band. Group. Below are some shots from the show.

The Disorderly Room by Support Squadron:

The Colonel, Sgt Bob Bentley, addresses Tpr Peter Woodard on the new walking out dress whilst the ESM, Lcpf Tony Fan, looks on with admiration.

Detention Centre Innates Chair IA Squadron


The arrival at Akratholi of 'Richard the Second' from the 'Tony on Richard' series by B Squadron. Sgt 'Taffy' Thomas plays the star role.

The Song of the Regimental Police by B Squadron. It stars Tpr Lord Bob Earl of Innvi Bryon and Tpr Chin Croyt. Others: Left to right: Major Andy Bevan, Captains Eddy De Chet, Tpr Vic Hackett and Cap John Gates.

HOHER BESUCH AUS ÖSTERREICH

Der Bundesminister für Wissenschaft und Forschung, Frau Dr. Helga Fasberg und ihre Schwestern Gertrude Fasberg - derzeit auf Urlaub in Zypern - verbrachten die Silvesterfeiertage beim UNAM 4 in Larnaca. Die Tage zuvor hatten die Bundesminister Dr. Försterlie und die österreichischen Kollegen der Delegation besucht und waren dabei von der sympathischen und freundlichen Haltung der österreichischen Beamten und den Dienstleistungen der österreichischen Polizei (AUSCON) mit Freude und Stolz erfreut.

ZWEIMAL FUSSBALL


AUSCON NEWS

Die Mannschaft "Hammer" spielte, die beiden gleich zweimal für AUSCON errungen. Eine fröhliche Feier aller Fussballer in unserer Camp Leopold bildete den Abschluss des freundlichen Treffens.
CHRISTMAS

Christmas was ushered in by an Ecumenical Service conducted by Padre Joe Jolly and Roy White. The service was widely attended by members of the Battalion, the cast from the Rothmans show and the American Junior Choir. The carols were under the influence of the angels themselves or something similar and the songs of Silent Night and the Little Drummer Boy could be heard throughout Nicosia.

Christmas Day the officers and Senior NCOs served the men the traditional meal of turkey, cranberry sauce, Christmas pudding and boozie. It was a beautiful day with a few scattered clouds.

The scuba club celebrated Christmas in their own unique manner. The group (photo 1) assisted by members of the Rothman's Show planted a Christmas tree on the bottom of the "med" and sat around it singing Christmas carols.

NEW YEAR

New Year came in very quietly for Cancon and most of the activity centered around the Officers Mess. The officers were back at home in the Tongass New Years Day and held a levee. However, the other contingents and Mrs. Raymonds little boy Donnie and his buddy Kenny, 74, had a special significance for all of us. Its the year we go home.

The festive session was highlighted by a number of events starting with the Regimental Birthday on 21 Dec. The day started early with an inspection of Logistic Company by Lieutenant Colonel Al Grant. Lieutenant Colonel Grant was particularly hard on the newcomers in the ranks especially Private Mike Anderson, Gomer Smith and John Ryan. Following the inspection the CO "tore a strip" off his inexperienced driver who could not get his car in reverse. In Wotlukay Barracks, Lieutenant Colonel Grant was met by CJM Hunter and given a quick resume of the days activities. There was a deod calm prevailing over Wotlukay because the rothmans CJM Hunter pulled just about everyone for "tennis on Parade". The Battalion gathered at Wotlukay Barracks for a game of Denkey Baseball and a good time was had by all.

ROTHMAN'S CHRISTMAS SHOW

The show hosted such well known performers as Tommy Hunter, Christine Chandler, Shirley Ekland and the Review Donners. The "Down Home" went wild when Tommy brought out the fiddle and his popular sound. The audience arose in three of all contingents fell in line and the" Rooster" went wild. The" Hawk-Eye" Montague, Dr. "Hawk-Eye" Monteague pointed an unprecedented record in the number of cases of strain, which was confirmed by the high standing Review Donners. Col. Hugh MacKenzie the tall tale hero, sang an ode to the success of the show in one line: "I just can't have watched it for so many hours". The stars were kept busy following the show and all the Messes and clubs were packed. Company areas, helping to fill in the Christmas Dinner, and keeping the making of Christmas a more enjoyable occasion for all.

FINCON NEWS

KOMENTAJAN UUDENVUODEN VASTAANotto 1974
OP HILLTOP RE-SUPPLY

Finish contingent soldiers about to load empty food containers, petrol cans and other items onto a Whirlwind Helicopter at the OP Hilltop located in Kyrenia range.

Photo by Yatsuka Nagato, UN Headquarters New York

LEMON AND ORANGE JUICE KEEPS YOU IN GOOD HEALTH

For many years there has been controversy about whether or not increased intake of Vitamin C prevents the common cold and other respiratory infections. The Canadian Defense Research Board recently carried out a trial of Vitamin C giving 1 gram daily to Canadian soldiers on manoeuvres in the Arctic. Not only did this prophylaxis cut the incidence of colds by half but it also reduced the severity and duration of the "constitutional" symptoms of a cold i.e. headaches, general fatigue, nausea and fever. Whether a convincing case will be made out for additional Vitamin C in daily diet is not yet clear from the many trials that have been carried out in various countries. Suffice to say that there is evidence that Vitamin C and probably other vitamins and minerals foods do play an important part in preventing colds and flu. In Cyprus there is an abundance of fresh fruits and vegetables, in particular citrus fruits and fresh salads, almost all year round. Cypriot people know that fresh lemon juice over meat may help vegetable dishes, a commendable practice and eat fresh fruit with meat meals.

"A dinner without fruit is like a party without music" - Angela Yorba.

"Lemon juice is as good as hot water" (Spanish proverb).

UN MEDALS

Three members of UN MP Coy toasting each other after receiving their UN medals in a small ceremony held in the Force Provost Major's office on 2 Jan 74. LCpl Paul Tyrell, the youngest military policeman of the company, arrived in Cyprus 36 months ago from Great Britain. He is serving in the Limassol detachment. Capt Doug Obermeier, NCOA detachment is from Canada and has completed nearly 6 months of his UN tour. Capt Gordon Jamieson from 85 Squadron RCT was attached to the MP's as NCO in charge, and has now left after 6 months in Cyprus.

U.N. RADIO

A United Nations Radio Programme is broadcast every day by the Cyprus Broadcasting Corporation. The programme is broadcast on Mondays at 1330 hours; other programmes are on as follows: Wednesdays 2000 hours; Saturdays 1330 hours; Thursdays and Saturdays 1330 and Sunday 2000 hours. The programme alternates between Eastern and International Editions of the programme. Why not make a habit of listening in on 1090 kHz. (1.500 kilowatts).

MP NOTEBOOK

ACCIDENTS - UNIFCYP

Week Ending 4 Jan 74

Total This Year 6

Main Causes of Accidents this Week:

DRIVING WITHOUT THE CARE AND ATTENTION

KEEP YOUR HEAD - EYE ON DOWN SLOPE