DECEMBER IN RETROSPECT

ROTATIONS
3-5 Dec Sector 2
7-8 Maj-Gen Jokinén, Ms Rasi and Maj Tiikonen visited the Finnish Contingent.
8-15 Entertainment group of 28 led by Maj Lee visited the Canadian Contingent.
11-13 Ms Schauman, Mr Wallenius and WO Salliluoma visited the Finnish Contingent.

VISITS
2-4 Mr Sjöberg, Lt Nordquist, Lt Eriksson and Lt Loftstrom visited the Swedish Contingent.
4-6 Mr Eldebro and Mr Nyman visited the Swedish Contingent.
5-12 Col C Champion and Col Moin visited the British Contingent.
11-13 Gen Ljung visited the Swedish Contingent.
16-19 Lt Homgren, Capt Borg and Capt Ekstrand visited the Swedish Contingent.
17-22 Brig Gen Corbould, Col Gaudreau, CWO Clarke and CWO Collier visited the Canadian Contingent.

FUTURE EVENTS

SPORTS EVENTS
8, 17, 22 Jan Cape Greco March
23 Jan Road Relay, UNPA Sp Regt
28-29 Jan Shooting Competition 1/86 at Dhekella

"WHAT'S ON IN NICOSIA"
30 Jan At the British Council: "Caught on a Train", starring Peggy Ashcroft, Michael Kitchin and Wendy Roebeck. 7.30 p.m.

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Editorial
Now that the seasonal festivities are over we are well and truly into a new year. Life in UNFICYP continues as normal and we have articles on many aspects of the Force.

We welcome B Sqn The Life Guards as the new Force Scout Car Squadron, a new Danish Contingent and a new Commander for AUSTCIVPOL.

We congratulate the members of the Force who were recently awarded various National Medals (see details in this issue).

Our front cover shows emergency work during the latest LONELINE patrol track improvement project. A full article on this vital support is on page 15. Other interesting articles this month feature Canadian Remembrance services, Austrian sports and traditions, REME Workshop adventure training, Swedish activities in Pyla and the recent Clay Pigeon shooting competition. From 84 Squadron RAF comes the extremes of an article on helicopter pilots and recipes on Roman food.

Finally we say farewell to 8 Squadron The Queen's Dragoon Guards and wish them well on their return to UK.

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The UNIFCYP Workshop REME is known to most members of the Force, if not for the engineering work that is carried on in Jubilee Camp then certainly for the Craftymans Club which was the focus of a number of enjoyable and occasionally hilarious evenings during 1986. The one characteristic that the Workshop personnel are not usually signalled out for is that of military awareness, experience and excellence; in short we are often thought of as being engineers and not soldiers! Nothing could be further from the truth and exercise UN APPROVED JOURNEY (the British Contingent may understand the play on words) is an example of how much experience, training and fun can be had during a short but well planned exercise.

After following various stages of the Cyprus Rally many of the UNIFCYP Workshop personnel made it clear that they would like to drive along some of the more difficult mountain tracks that cross the Troodos Range. This led to the planning and execution of a short military exercise which would practise off-road driving and sharpen up map reading and radio operating skills.

After 3 weeks of planning and preparation 14 members of the Workshop set out to spend a weekend in the Troodos Range.

Exercise UN APPROVED JOURNEY was born. Base Camp was set up near the village of Kyperounda by mid-morning on Saturday 16 November and the five groups of drivers and navigators set off one hour later with the aim of finding a number of locations in the general area of Mount Olympus. On reaching a location each team had to contact Base Camp by radio to give the answer to a question which was linked to the geography of the location. The choice of route was left to the individual teams who were only told to go by the shortest route possible. There were many tall stories told that evening. Of the five teams which attempted the course four found all the locations. The fifth team (the recovery mechanics) suffered an unfortunate setback when after only 10 miles they were ambushed in a village by a Greek wedding party which held them hostage until late that evening.

The weather was perfect and Sunday morning found everyone in good spirits and ready for the final part of the exercise. After a first class English breakfast which was only criticised for the apparently meagre egg ration, the participants were split into two groups and set off on foot to a number of checkpoints in the steep hills around Kyperounda where they were given different tasks to perform. These ranged from changing a tyre on a Landrover without the use of a jack, to evacuating a casualty with a broken leg and carrying a 50 gallon oil drum up a rockface with an enemy in hot pursuit.

The Commanding Officer of Support Regiment and the Officer Commanding the Workshop both arrived to join in the final stage of the Exercise which ended on Sunday afternoon. The Workshop returned to Nicosia agreeing that the weekend had been an enjoyable success. Thanks must go to the Quartermaster for the equipment, the Transport Squadron for the vehicles and to the Padre for helping to provide perfect weather.

Throughout the past couple of months CANCON soldiers have participated in a number of parades and functions to commemorate both lost comrades and patrons of our sub-units. Probably the largest memorable event was that of November 11th, Remembrance Day. Three services took place throughout the island. A troop of mixed personnel travelled to the British Base at Dhekelia for a service at the site of nine Canadian graves. This troop then proceeded to the Cypriot coast where two crosses stand. Here a brief service for two individuals who disappeared in a diving accident was given by Padre Ken Garrity. Back in Nicosia a Regimenal Parade/service took place at Ledra Palace. Unlike many Canadian Remembrance Days both sunshine and warm winds proved quite different from the sub-zero blizzards of Central Canada.

The Canadians also joined in with the British at Waynes Keep, on 10 Nov. for the British Remembrance Day Service. On 21 Nov a one hundred and fifty man guard paraded at Ledra Palace in Remembrance of the "Canoe River" rail disaster. The purpose of this service was to recall our memories of the 17 men who perished on their way to the Korean War in 1950.

Both of our sub-units have a patron saint. On 29 Sept, members of 3 Commando held a church service in honour of St. Michael the Patron Saint of the Paratroopers. That evening the Contingent officers retired to the mess for a formal dining in. The Regiment held a St. Barbara’s Day parade on 4 Dec to commemorate the “Gunners” patron saint. The service included the dedication of a stained glass window to the St. Barnabas Church in BBC. A sports parade was then held in the afternoon followed by a formal dining in for the officers. After this busy month Canadians are preparing for another exciting month in the never ending Saga of “The Canadians in Cyprus”.

Korean War in 1950.

Terrain and sunshine

The ceremony at Dhekelia, by the gravesites of 2 men who died in a diving accident.
L/Cpl RB Mitchell CO Sector 4 discusses flight plan with WO2 Murray on the newly constructed helipad in Sector 4.

Swedish children celebrating Santa Lucia Day.

The Band of 2 RRF (Sector 2) entertain the citizens of Nicosia with traditional Christmas music.

Sgt Maj G Lawton of UN Flight who has been awarded the Air Force Cross. He is seen here celebrating, with Mrs Hyslop, aged 98, her flight in a helicopter.

Some of the entries in the annual UNFICYP Bed Race run on New Years Day.
The Household Cavalry consists of two Regiments, The Life Guards and The Blues and Royals. They are the senior Regiments of the British Army and the personal Bodyguard of the Sovereign (a ceremonial rather than military duty).

The Life Guards were formed in 1860 as a military bodyguard for the protection of King Charles III. They were organised into Troops of Horse Guards and it is from this name that Horse Guards Building, Horse Guards Parade, and Horse Guards Avenue originated. The Troops were re-organised in 1788 into the 1st and 2nd Regiments of Life Guards and remained as such until 1922 when they were amalgamated into one Regiment known as The Life Guards.

At the present day the two Regiments of the Household Cavalry alternate every five or six years between being a Tank Regiment in Germany and an Armoured Reconnaissance Regiment in Windsor. The Life Guards have had the latter role for the past two years. There is an additional commitment as each Regiment has a Mounted Squadron at Hyde Park Barracks in London, this is known as the Household Cavalry Regiment (Mounted). Their duties are purely ceremonial and include all Mounted Escorts to the Royal Family, the State Opening of Parliament and the daily routine of providing The Queen's Life Guard at Horse Guards. There is a constant change over in respect of personnel between the Mounted Regiment and the respective Armoured Regiments, and this gives those who serve in the Household Cavalry a unique role in the present British Army.

B Squadron, The Life Guards, is taking over the responsibility of the Armoured Car Squadron from B Squadron, The Queen's Dragoon Guards in January 1996. At this very moment we are in the midst of our conversion training, although a change from Fox to Ferret is not too radical.

We are now the only Fox Squadron left in The Life Guards, as C Squadron, our most recent Squadron in Cyprus, exchanged their Fox for the Scorpion. This will give the Regiment a greater degree of flexibility and mobility across country which is essential to our commitment with the recently formed 5 Airborne Brigade.

Since our return to Windsor two years ago the Squadron, and in fact the whole Regiment, has been exceedingly busy. Not only have we had the commitment at Heathrow and with 5 Airborne Brigade but our Squadron has also provided recon troops out in Belize. Apart from these exercise commitments we provide vehicles for anything from school visits to State occasions. In May of this year the Regiment exercised its rights to the Freedom of Windsor and shortly after this was to be found in Wales carrying out annual firing at Castlemartin.

B Squardron Fox on a recent exercise, acting as enemy.
THE NEW DANISH CONTINGENT
No. 44 HAS ARRIVED!

BY LCPL P. G. STAGE

Photos by LCPL T. Ovesen

When this edition is issued, about half the Danish Battalion will have rotated. Very many officers are new, including the CO. I was asked as one of the newcomers (pinkies, because of light sunburning) to tell about the rotation. The word rotation means a new ginkgo, long and late travel hours by night. It was said that we could sleep in the plane to Cyprus or in the bus from Larncas to our Camp. But who can sleep with butterflies in the stomach? I couldn't.

For my part, it all started back in September this year, when I joined the Danish UN stand-by force in Denmark. Here I had six weeks training. Then I went back to my Regiment (Zealand Transport Regiment) for two weeks. In late October I again joined the stand-by force and got my pick-pack and repacked it. All my civilian things and my pick-pack were then handed in on our last Friday at the "school".

On Monday the 4th Nov, 108 were sent on the first rotation. Those of us who were going on the second rotation had an extra week off. Monday 11th Nov was the day. The check-in was at 21.00 and one hour later we were on our way to join the UN Forces in Cyprus.

For many of the other soldiers the flight was an experience out of this world. It was their first time ever to be "air-born" and some had never been outside Denmark. The Captain of the Danish Maersk airplane made their day, and mine, when we were permitted to have a closer look in the cockpit. During the first part of the flight it wasn't possible to see any land, it was too cloudy. But after Turkey, we saw Istanbul "by night". It was very hot in the plane. We had just left Denmark with cold weather and snow. So of course we had extra underwear on. When the plane stopped, we saw some of our new colleagues standing there in short sleeves and short trousers. Was it really so warm outside? Yes it was. Very nice. We got into the airport building and were regrouped into our three companies and went to the buses from BRITCON. Our bus to Viking Camp wouldn't start due to missing keys. But after 10 mins the keys were found, and we were on our way. Just outside the airport area the driver went into a blind alley. Which of course caused some noise from the Danes. Sadly it was dark, so we didn't really see anything of the country-side. The first part of our journey to the camp was slow. Very slow. Either the bus was very slow or we had to climb some of the earth's highest mountains. Early next day we arrived at Viking Camp in Xeros. Here we were invited to the Pte Mass for breakfast. And what a breakfast. We had pink milk, pink bread and pink butter. That was the older colleagues welcome to us new guys.

Our rotation had ended.

HELIICOPTER PILOTS ARE DIFFERENT

By: FLT LT H. Haggerty

There is no such thing as a gliding helicopter.

This is why being a helicopter pilot is so different from being an airplane pilot, and why, in general, airplane pilots are open-eyed, buoyant extroverts, and helicopter pilots are brooders, introspective anticipators of trouble. They know if something bad has not happened, it is about to and they are expecting it.

By: SGT John Holroyd

AUSTCIVPOL COMMANDER

Region which encompasses one of Australia's largest and busiest regions.

Chief Superintendent Williams sees Cyprus as an opportunity to follow up his interest in ancient history and to broaden his appreciation of other cultures.

Like other Australians coming from down under to Cyprus he will have to get used to standing right side up. The move from upside down to right side up tends to cause light headedness at times in Australians. (Consumption of the excellent Cyprus brandy may often result in similar symptoms).

Congratulations to Chief Superintendent Walter Nikoles Williams, O.P.M., B.A., Dip. Crim. on his appointment as AUSTCIVPOL Commander in Cyprus.

Chief Superintendent Williams graduated from the Victoria Police College in 1957 and thereafter has had a very distinguished career in the Victoria Police and the Australian Federal Police. He is a graduate of the University of Melbourne. He pioneered the introduction of computers to the Australian Federal Police. This resulted in improved methods of information processing and greater effectiveness in the use of police resources. The Australian Federal Police now have one of the most modern police computer systems in the world.

In the New Year's Honours list for 1980 Chief Superintendent Williams was awarded the Queen's Police Medal for his contribution to Australian policing. He was later appointed to the position of Deputy Director of the Australian Bureau of Criminal Intelligence. Prior to his arrival in Cyprus he was the Australian Federal Police Commander of the Southern

Inspector Raymond John Cooper (pictured) of AUSTCIVPOL receives his National Medal, after 17 years police service, from Chief Superintendent Walter Williams.

Ray has had an outstanding career as a detective. During his career he received the Commissioner's Commendation for courage and leadership in the arrest of an armed offender. In recent years he has been involved in investigations and drug operations which, in one case, resulted in the seizure of 11/2 tons of Hashish. In another case he worked on a joint Thailand-Australia police operation which resulted in the seizure of 22 kilos of heroin as well as the arrest and conviction of the offenders.

Another Australian who received the medal from Chief Superintendent Williams was AUSTCIVPOL member Station Sergeant Bob Bradley. Bob joined the police force in 1966, and in 1967 was called up for military service in Indo China. He saw military service in South Vietnam at Saigon. Nui Dat, Yung Tau and Dan Nang. Following his military service in Vietnam he returned to police duties and was stationed at Jerivis Bay, Juvenile Aid Bureau, Search & Rescue and CID.

Congratulations to both members of AUSTCIVPOL.
THE QDGs SAY GOODBYE

Six months in Cyprus have now drawn to an end for B Sqn 1st The Queens Dragon Guards as we hand over to B Sqn The Life Guards on the 16th January. We have enjoyed our tour with the United Nations Force in Cyprus and wish every good fortune to our successors and hope that they enjoy themselves as much as we have. We are returning to Wimbish, Essex (just 20 miles south of Cambridge) where we will resume our normal UK duties as part of 19 Infantry Brigade.

THE BLUE BERET

JAN 86

INTERNATIONAL COOKBOOK

FOOD FOR A ROMAN ORGY

The following recipes are genuine and are taken from a book belonging to a Roman cook. Apicius lived in Corinum in England. They are representative of what wealthy Romans would have eaten here in Cyprus. The foods were all heavily spiced but are tasty.

Note: Liquamen—a thick fish stock with anchovies as the main ingredient, or just use anchovy essence or gentlemen’s relish. Defrutum—tinned grape juice reduced by rapid boiling.

GUSTATIO—First course, serve as hors d’oeuvres.

French beans and chick peas.

Fresh French beans and cooked chick peas are mixed and served with salt, cumin, olive oil and wine.

Asparagus Patina. Pound asparagus tips in a mortar and add wine to make a puree. Pound black pepper, lovage or angelica, coriander, savory and onion; mix with wine, olive oil and liquoram. Put the puree and spices into a greased shallow pan and heat on a low fire. When warm break eggs over the mixture so that it sets. Sprinkle with black pepper and serve.

PRIMAE MENSAE—Main course

Fricasses with apricots. Cook a shoulder of pork, dice the meat and add to a saucepan. Add oil, wine, liquoram and onions. Cook. Add pepper, cumin, mint, dill, honey, liquoram, passum, vinegar and wine. Add stoned apricots and gently boil for 5 minutes. Crumble in pastry to bind. Serve with a sprinkle of pepper.

Cabbage—hot or cold. Boil and quarter cabbage or use raw white cabbage.

A. Mince the tenderest parts of the leaves with coriander, cumin, onions, pepper, wine and a little oil. Serve.

B. Arrange the main portions of the cabbage in a shallow pan, dress with liquoram, oil, wine, cumin, pepper, onions caraway seed and coriander. Serve. SECUNDAE MENSAE—Second course

Baked egg custard. 1/2 litre of milk, mix with honey and add 5 eggs, work to a smooth mixture, strain into an earthenware pot and cook over a low fire. When set, serve with pepper or nutmeg. MULSUM—wine

To any sweet red or white wine add 2 tablespoons of honey, shake well and serve.

For the traveller—To any cheap red wine add ground pepper and 2 tablespoons of honey, mix well and serve cool.

THE BLUE BERET

JAN 86
Whenever Austrians meet each other in a foreign country you can imagine their pleasure. Why? Well, Austria is such a small country that those few who leave it have hardly any chance to meet somewhere again. No wonder that we are looking for each possibility of having contact. Thus it can happen that some Austrian guys pack up their goods and chattels and catch the next aircraft to pay a visit to their fellow Austrians on Cyprus. Those friendly guys I am talking about are the members of the AUSBATT football team. Arriving at Camp Duke Leopold V they were welcomed with loud applause.

Their intention was not only to relax on this sunny island and have a look around, but also to prove that they are better at playing football. In order to give them a real chance to win we first arranged a match between them and the team of the 9th Signal Regiment stationed in Ayios Nikolaos. As soon as we could realize that the AUSBATT team was almost as good as our team we started looking for a possibility to save our honour. Well the best idea was of course to send them to Ayia Napa by bus. So we did and the following day looking in their sleepy eyes there seemed to be no obstacle any longer for our win.

When the referee blew the starting whistle all our spectators believed our team to be the winning one. But the AUSBATT team soon surprised us with its hard fighting, and having woken up, there was no doubt that they didn’t have any intention to make it as easy as we all had hoped for us to win. Finally the two teams left the football field with the diplomatic result 1:1. That you see is the typical Austrian way to solve problems. Both teams went home feeling satisfied, but there is no doubt about the question who’s playing better football. Anyway we greet our friends on Golan and hope that we will have another chance to beat them.

AUSTRIAN TRADITION IN A BRITISH REGIMENT

On November 21 our Force Commander General Greindl said farewell to Major Christopher Mackenzie Beevor Squadron Leader of B Squadron the Queen’s Dragoon Guards. The Commanding Officer of the Austrian Battalion, LtCol W. Machy, invited the FC and the officers of B Sqn QDG into Camp Duke Leopold V. The evening was full of surprise and expressed the special relation towards the officers of the British Regiment that is still wearing the double headed eagle of the “Austrian Empire” (of 1867) as its Regimental Badge. We are very pleased that a British Regiment is keeping up an Austrian Tradition.

OPERATION LONELINE 24

During the period from 20th November 1985 to 18th December 1985 a composite troop from 60 Field Support Squadron Royal Engineers deployed from Waterbeach near Cambridge to Cyprus for OPERATION LONELINE. Their task was to reconstruct two sections of the communications track in Sector 2 of the Buffer Zone. The thirty man strong troop included one officer, a WO1 Military Plant Foreman, nine Plant Operators including two from the Territorial Army, seven Combat Engineers, five Drivers, a Surveyor, a Construction Materials Technician (soil and rock expert), three fitters and two Medics from 19 Field Ambulance in Colchester.

During their time with UNFICYP a total of eight kilometers of track was constructed together with the associated drainage ditches and culverts. Other tasks undertaken by the Troop included rubbish and rubble removal from B32 (the Box Factory) and B35, assistance with construction of the Miniature Range in Jubilee Camp, culvert repair and small plant tasks in Sector 5 and 6 and the surveying of approximately five kilometers of possible new communications trails in the difficult terrain of Sector 1.

Despite working from dawn till dusk each day the Sappers did find time to enjoy themselves touring Cyprus, twelve members of the Troop even having two days R and R visiting Israel. The Troop have now returned to UK for a well earned rest and Christmas with their families.
Pyta is one of the most interesting places in Cyprus. Here live, side by side, Turkish-Cypriots and Greek-Cypriots.

I think everyone who comes to Cyprus wants to see Pyta, says Captain Jan Collander, who is the Swedish platoon-leader in this village. Almost every week we have VIP visitors. And we don't mind, I think it is a good thing to show this village.

Captain Collander is the chief at Camp Carl Philip—the sector 5 camp in Pyta. Carl Philip is the little Prince of Sweden, the son of King Carl Gustaf and his wife Queen Silvia. I have 33 men in my platoon, Captain Collander tells us. There are three OPS, S18, S20 and S29; the last one is situated at the square in the middle of the village. The tourists coming to Pyta often have contact with the Swedish soldiers at S29. We have to tell them the rules for taking photos. The rules are simple—no photos in Pyta! Sometimes the visitors don't know this...

The Camp Carl Philip is not very big—it includes four houses—and a saunla! All the time we work to make the buildings better, says Capt Collander. It can sometimes be a tough job, but it is necessary, if we don't want to freeze. The boys, working at Pyta, seem to be satisfied. Larnaca and the seafront is not so far away—and the soldiers can go there when they are free.

But often they stay here at Carl Philip or at their OPS, Capt Collander tells us. I think that is proof—they like this UN-life and they like the friendship.

The platoon leader and his second in command, 1/Lt Berglund, often take part in the activities of the village. I have to visit all the coffee shops every day. We talk with the people and often I don't know if they are Greek-Cypriots or Turkish-Cypriots. The most important thing for me and my boys is that we have good relations with all the inhabitants.

Three Swedish policemen also work in Pyta. Their substation is in a white stone house which they moved to in January 1984.

All the Swedes working in Pyta want to have good contact with all the people here. If we have the life in this village will continue in a good way.

INTER-SECTOR CLAY PIGEON SHOOTING COMPETITION

The Inter Sector Clay Pigeon Competition held on the 4 December, provided another hotly contested shooting spectacle between the Danish and Swedish Contingents with DANCON running out team winners with 130 points to SWEDCON's 128 points. However, this did not prevent Pte Petersson, SWEDCON, from becoming the overall individual winner with a display of very accurate shooting. The "Down-the-line" shooting was won by Pte Andersen, DANCON, and the "Doubles" by SWEDCON's Pte Peterson with Pte Jorgensen of DANCON taking the Skeet Medal. Congratulations to the winners and all those who took part.