

BLUE BERET

SPRING 2021



UNFICYP masks up
to patrol the buffer zone

PLUS

Secretary-General appoints new Force Commander
Embracing mental health during COVID-19

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The Road to a Lasting Peace

29 May
2021



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Nujud Yahya yahyan@un.org and Nadia Costachel costachel@un.org

EDITOR'S NOTE

Dear readers, we have the pleasure to launch the spring edition of the Blue Beret magazine covering the highlights of the Mission since the beginning of this year. Since early last year, we have been learning how to cope with the challenges brought by the COVID-19 pandemic, however, the Mission did not stop its essential operation and continues to duly implement its mandate.

In this edition, we are proud to share the accomplishments and activities which are still taking place despite all odds.

UNFICYP continued to engage with civil society from both sides of the island and remained committed to work alongside the communities we serve.

We hope you enjoy the opinion pieces prepared by two of our peacekeepers, UNPOL Alexandra Jumolea, who has been serving in Cyprus since December 2019 as well as a well-known colleague to many, Nadeem Qadir, who

has been serving in UNFICYP's Fire Unit and training peacekeepers on fire prevention.

In this edition, we also included the active engagement of our Head of Mission, Elizabeth Spehar, with the diplomatic and international community.

For this edition we also prepared an article for the farewell of UNFICYP' Senior Police Adviser Fang Li, who concluded her 1-year tenure in March, and depicts how she led UNPOL through the challenges of the pandemic.

Within the next pages, you will also find some of the work being done together with young Cypriots from across the divide and the most recent medal parade ceremony as well as the work of our peacekeepers.

Read about how UNFICYP addressed mental health matters to support its staff in a week-long campaign with online seminars and workshops.

Enjoy reading!

ON THE COVER

The buffer Zone' Sector Two in Nicosia falls under the responsibility of the British contingent and is patrolled on foot, by bicycle, vehicle and helicopter. One company-size unit is located on the ceasefire lines and patrols the buffer zone in this area.

In 1993, the British contingent took responsibility of the unit and patrol and monitor military activity over 30 kilometres along the buffer zone, beginning at the east end of Mammari village and ending at the village of Kaimakli to the east of Nicosia.

Sector Two's headquarters are located at Wolseley Barracks, inside the buffer zone close to the western edge of the Venetian Walls that surround Nicosia's old town.

In recent years, UNFICYP has adapted its operations towards caring for the environment on the island and inside the buffer zone and has included biking as one of its means of patrolling the area.



BLUE BERET

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Editorial team

Editor

Thaiza Castilho

Art Director

Ersin Öztoycan

Military Public Information Officer

Major Shumaila Bashir

Force Photographer

SSGT Ľuboš Podhorský

Public Information Assistant

Melissa Hekkers

Guest contributors

Alexandra Jumolea

Nadeem P. Qadir

Wayne Butler

Submissions from all members of the military, police and civilian components are welcome.



The **BLUE BERET** is UNFICYP's in-house journal. Views expressed are of the authors concerned and do not necessarily conform with official policy.



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UNFICYP awards UNPOL peacekeepers for their service for peace



Thirty-one UNFICYP peacekeepers from 11 contingents of the UN Police (UNPOL) were awarded medals for their contributions to peace in Cyprus, in a ceremony held at the UN headquarters in Nicosia on 16 April.

The medals were presented by Elizabeth Spehar, the Special Representative of the Secretary-General in Cyprus and Head of UNFICYP.

Spehar expressed appreciation to both men and women for their commitment to peace in Cyprus, especially during this challenging time of the COVID-19 pandemic.

UNPOL has been part of the Mission since April 1964 and has been contributing to the maintenance and restoration of law and order in the buffer zone.

The UN Police component on the island is currently comprised of 63 police officers, out of which 25 are female, and works together with UNFICYP's military and the civil affairs components concerning civilian activity in the buffer zone, while also supporting humanitarian matters and assisting towards returning the area to normal conditions.

"This is my second UN mission and I am proud to represent the Russian police. Together with my colleagues from other countries all over the world we help to fulfil important and responsible tasks to ensure international security," said Captain Anna Khodos, from Russia.

Peacekeepers awarded were nationals from China, India, Ireland, Italy, Jordan, Pakistan, Romania, Russia, Serbia, Slovakia and Sweden.



UN Secretary-General appoints new Force Commander

United Nations Secretary-General António Guterres announced on 24 March the appointment of Major General Ingrid Gjerde of Norway as Force Commander of the United Nations Peacekeeping Force in Cyprus.

Major General Gjerde succeeds Major General Cheryl Pearce of Australia, to whom the Secretary-General is grateful for her dedication and leadership during her two years of service.

Major General Gjerde has had a distinguished career in the Norwegian Defence Force, currently serving as Head of Strategic Plans. She was previously Chief of Public Affairs for the Norwegian Defence (2018-2019) as well as Chief of Staff and second in command of the Norwegian army (2016-2018). She headed the Army Military Academy (2013-2016) and led her country's contingent deployed to Afghanistan (2011-2012). Among other postings, she commanded the Norwegian King's Battalion (2006-2009) and was deployed within the United Nations Interim Force in



Lebanon (UNIFIL) commanding a Norwegian platoon (1994-1995). She is a graduate of the Norwegian Military academy as well as from the US Army command and staff college and from the US Army War college. She holds a Master's degree from Oslo University.

UNFICYP raises Finnish flag



UNFICYP held a flag-raising ceremony for Finland in April an event that was dedicated to pay tribute to the country's dedication and commitment to furthering the cause of peace in Cyprus.

The Finnish Ambassador Harri Mäki-Reinikka was present, along with senior UNFICYP officials, including the Special Representative of the Secretary-General in Cyprus and Head of Mission, Elizabeth Spehar and Deputy Senior Police Advisor Jarlath Duffy. Two newly arrived Finnish UNPOL Officers, Tytti Tammi and Jan Erik Martin were also in attendance.

This is the first time Finland has deployed UNPOL Officers to UNFICYP. Finland has contributed troops to UNFICYP since 1964, when the Canadian and British contingents were deployed to the Mission followed by Finnish, Irish and Swedish contingents.

From 1964 to 1977, UNFICYP had a Finnish military battalion with a strength of more than 1,000 peacekeepers. While the number of Finnish peacekeepers reduced in 1977, the country's military continued to be deployed to UNFICYP until 2005. Approximately 10,000 Finnish peacekeepers have served in UNFICYP from 1964 to 2005.



UN diplomatic and international community meetings

Since the beginning of the year, SRSG Elizabeth Spehar met with several diplomats and representatives of the international community to discuss the United Nations peace efforts on the island. Below are some of the highlights from the past months.



On 26 January, top United Nations official in Cyprus, Elizabeth Spehar, welcomed the recently appointed Ambassador of Egypt to the island, Mr. Mohsen Hamza, to the United Nations Headquarters in Nicosia.



On 12 February, Head of Mission Elizabeth Spehar welcomed the Chargé D'affaires of the Embassy of Romania on the island, Lavinia Ochea.



SRSG Spehar met with the Italian Minister of Foreign Affairs and International Cooperation, Luigi Di Maio and his delegation.



SRSG Elizabeth Spehar, accompanied by UNFICYP Senior Police Adviser, Fang Li, met with the Chinese Ambassador, Liu Yantao and his delegation. Mr. Yantao was also introduced to the UNPOL peacekeepers from China.



On 4 February, **SRSG Elizabeth Spehar**, welcomed **UK Foreign Secretary, Dominic Raab** to Cyprus. Mr. Raab also visited the buffer zone and peacekeepers in sector two with acting Force Commander, Neil Wright.



On 11 February, **Elizabeth Spehar** met with the **Ambassador of France in Cyprus, Salina Grenet-Catalano**, for a briefing on the implementation of the **UNSC Resolution 2561** on the extension of **UNFICYP's** mandate on the island.



On 3 March, **top United Nations representative in Cyprus, Elizabeth Spehar**, welcomed the **Ambassador of Ukraine, Ruslan Nimchynskyi** to the **UN Protected Area** to discuss peace efforts on the island.



On 5 March, **SRSG Elizabeth Spehar** welcomed the **High Representative of the European Union for Foreign Affairs and Security Policy and VP of EU Commission, Joseph Borrell Fontelles** to the **UN Protected Area** in Nicosia.



On 30 March, the **UN Assistant Secretary-General Miroslav Jenča** visited Cyprus for a routine visit of **UNFICYP**. He met with **SRSG Elizabeth Spehar**, **UN peacekeepers** and officials from both sides of the island.

Peacekeepers in action



Water is a valuable resource for UNFICYP

Peacekeeper from Argentina refills a water pump located on one of the United Nations patrol bases inside the buffer zone. This initiative provides drinkable water in areas with limited access and helps save resources on the island. Potable water is transported by UNFICYP's Transport section twice a week.



Patrolling continues despite of COVID-19

UNFICYP's troops maintain the buffer zone in Cyprus, where currently, more than 800 peacekeepers serve on a rotating basis. The military presence is spread over three sectors and part of their duties include patrolling the buffer zone on foot, by helicopter, vehicle, and bicycle, despite COVID-19 challenges.

Fire training to newly arrived peacekeepers

In 2020, UNFICYP responded to more than 130 fire calls inside the buffer zone, a 50% increase compared to 2019. To prepare for future firefighting and rescue challenges, the Mission' Security Section-Fire Unit conducts extensive training and exercise for the newly arrived peacekeepers.



Preventive measures in place to tackle COVID-19

UNFICYP peacekeepers have been taking all precautions to keep COVID-19 at bay. Physical distancing, wearing a mask, keeping rooms well ventilated, avoiding crowds and frequently disinfecting equipment are some of our measures in place to avoid the spread of the virus within the Mission.

UNFICYP bids farewell to Senior Police Adviser Fang Li



On 4 March, UNFICYP bid farewell to its Senior Police Adviser, Fang Li, after serving for peace on the island for a year.

In light of the COVID-19 pandemic, the Senior Police Adviser faced unique challenges, as did the entire UNPOL component. UNPOL's operations and activities were significantly affected by the consequent safety risks and restrictions and the component's functional capacity and efficiency faced multiple challenges.

For instance, the crossing points between both sides were closed to contain the spread of the virus. Occasionally, civilians ended up being trapped in the buffer zone. This led to an increased number of incidents and demonstrations at crossing points thus escalating the tension. Considering the crossing points were closed, UNPOL also witnessed a two-fold increase in its humanitarian assistance related duties. These duties largely related to facilitating both sides to ensure passage across the crossing points for medication, patient treatment, repatriation of foreign nationals and postmortem assistance.

Imposed social distancing and movement restrictions also had an impact on UNPOL's operational capacity, rotations and trainings. Nevertheless, UNPOL leadership rose to the challenge and took steps to implement new protocols, new skill sets and knowledge of UNPOL officers through welfare schemes and online training.

Adapting to new circumstances and procedures was a challenging task. The component had to be prepared to deal with additional challenges that arose from the pandemic in a professional manner and following the UN mandate.

The nature of activities in the buffer zone were routine like, with an addition of crossing point incidents. Illegal dumping, incursions, hunting, fires, and unauthorized construction remained the core issues for UNPOL, which carried out a larger number of general and targeted patrols.

Fang Li ensured UNPOL's operational vitality and contribution to the delivery of the Mission mandate along with the safety of the communities and UNPOL officers. Under Li's leadership, UNPOL continued to fulfill its mandated objectives as well as maintain productive and cooperative relationships with key stakeholders, particularly local law enforcement agencies and community groups.

UNFICYP brings students from both communities together



Olga Kyriakoudi and Nurettin Karayegen are part of a group of young Turkish and Greek Cypriot students who participated in an entrepreneurship programme entitled 'Famagusta Students Together', whereby students from both communities came together to develop innovative business ideas to address social and environmental problems. They are part of a group of 26 students that came together to create sustainable, quality relations between participants, trainers and organizations involved.

Olga is an 18-year-old aspiring barrister in human rights law from Paralimni who thrives on debating, reading classic literature, baking and decorating cakes. "I decided to join the programme

because it seemed like a perfect opportunity to work with other young adults but also to learn from so many skilled entrepreneurs," reveals Olga. "All in all, the experience was great on both social and academic levels. I gained a lot of inside knowledge on how businesses operate, how to write a successful business plan and how to appeal to an audience while giving a presentation," she adds.

Nurettin, a high school student and avid photographer who lives in Nicosia, was intrigued by the idea of joining the programme and decided to participate with the vision of meeting new people from both sides of the divide. "I gained friendships and I also learnt how to properly start a new business; I think that this will be very useful, especially when I become an adult," he said.

Since February, participants like Olga and Nurettin have been meeting virtually and have materialised a set of activities and trainings on entrepreneurship and business idea development. Having formed intercommunal teams, the students worked with their mentors to develop innovative business ideas addressing a specific social problem. At the beginning of April, the teams presented their ideas to a jury and competed for the best business idea, best promotion and best teamwork.

Talking about what he gained from the programme, Nurettin asserted: "I personally enjoyed it a lot because even though we were all from two different communities, I realised that we share more than we think. I really enjoyed the friendships I created."

"The program was such a fun, entertaining and educational month," said Nurettin. "I believe programmes like this really help build peace because it's solid proof that we can do such great things together," he added.





As a one of the mentors of the programme, Irene Antoniou emphasised the opportunity students attain from coming together and working towards a common cause. “Almost all of the projects developed were focused on social entrepreneurship and creating a positive impact to the whole island of Cyprus. The students came together and decided to work on creating solutions for issues that are faced by both communities and could improve both communities,” said Irene. “Students didn’t have to think about the two parts of Cyprus but the whole island as one and this showed them how much more we can achieve when working together,” she stated.

To cope with the COVID-19 pandemic, the programme had to be redesigned to virtual meetings. However, this did not halt the initiative, which aimed at providing a platform for young people to express themselves and bring the communities together.

“This programme was one of the good things that I experienced during these difficult times, and trust me, not a lot of good things have been happening lately,” affirms Nurettin.

“Intracommunal programmes are essential for successful facilitation,” said Olga. “We worked together for over two weeks, and it was so much fun and educational. When we unite, we are stronger together and this is why it was such a rewarding experience. It was a privilege to work along with other young and



intelligent adults, and I firmly believe that collective work is a key to success,” she added.

For Irene, the programme’s importance derives from its direct, impactful way of breaking prejudice and eliminating nationalistic narratives. “It’s easy to foster negative feelings for people you can’t visualise in your head because you’ve never met any of them,” Irene said. “The first thing that this programme did was offer the opportunity to young people to meet, to talk about their interests, their favourite objects and to realise that, as youth, they have so much in common. This does a lot more to break prejudice than endless hours of class or discussion without real interaction.”

Organised with the support of two local organisations, CyprusINNO, a digital platform offering Cypriot entrepreneurs and problem-solvers the opportunity to connect with like-minded innovators and GIGEM, a youth development centre, social space, and education centre in north Cyprus focused on

social inclusion and economic empowerment of young people, the programme was led by school teachers, individual entrepreneurs and trainers.

“If I had to describe my experience in one word, I would use the word “collectively”. I loved seeing people come together to overcome a challenge and I believe that the collaboration between the two communities is essential in achieving the ultimate goal of peace. All the projects were outstanding, and the social aspect of the programme was so heart-warming!” said Olga.

Talking about what she gained from the programme, Olga asserted: “What I personally enjoyed the most is working with people who come from different backgrounds, it was a pleasure to work alongside so many skilled and interesting people!”

The ‘Famagusta Students Together’, which is supported by UNFICYP, will continue to provide activities and competitions to offer opportunities for long-term engagement and connections to more students.

“The first thing that this programme did was offer the opportunity to young people to meet”

Irene Antoniou



Prevention can help a fire from starting

By Nadeem P. Qadir – UNFICYP Fire Officer

One of the most frightening alarm calls you can experience is a fire alarm, especially when you are deep in the arms of Morpheus while dreaming of the joys of our beautiful duty station' sun and sea. I always tell my fellow colleagues: Prevention is the best way to ensure that you will only hear the words "fire, fire, fire" during a drill.

Since I joined the Mission, UNFICYP has been approaching fire safety on the island in various ways, from prevention, regular inspections and risk assessments to trainings and drills to personnel.

Looking back to last year alone, the Mission's fire unit provided training to 492 UN personnel, including emergency evacuation exercises and relocation briefings.

During 2020, UNFICYP's Fire Unit received 226 fire emergency calls that required immediate response within, and around the UN buffer zone. Out of this daunting number, 134 fires directly affected UN personnel, equipment and properties. These statistics can be intimidating, but for us, it serves to reinforce the importance of Fire Safety Management as well as a reminder of the risks, either medium or high, and dangers to UN personnel operating within the Mission area and throughout Cyprus.

Having served as a Fire Officer within the UN buffer zone for



30 years, one of the biggest challenges our peacekeepers face on daily a basis and especially during the summer are fires starting in grass and forests inside the buffer zone.

Out of the several fires I witnessed, some of them shocked me and I will always remember what happened in June 2006, when due to a huge grass and forest fire, our headquarters

in the UN Protected Area was forced to close down its entry and exit gates. Just last year, in May, a huge grass/forest fire at the west of the Nicosia Airport airfield had put the entire UNFICYP UN-Flight operations on halt.

During the summer months, the biggest fire hazards for UNFICYP are dry grass and shrubbery. It is important that all personnel take the necessary precautions, and follow good practices for fire prevention, which should help minimize risk to life, property, and equipment.

By taking adequate precautions and following good practices, you can help prevent a fire from starting and this serves us to protect the environment and wildlife inside the buffer zone. All fires have the potential of rapidly spreading and getting out of control.



The adventure of serving for peace in Cyprus

By Alexandra Jumolea, UNPOL

I joined UNFICYP in December 2019 as a United Nations Police (UNPOL) patrol officer in Ledra. UNFICYP is my first UN mission although I had previous international experiences serving for my country.

It has been an amazing experience to serve for peace in UNFICYP. I started my job with an unforgettable memory: My first day at work was on 25 December. It was

Christmas day when I realised what the buffer zone is. My patrol partner and I got stuck in muddy tracks and we spent an hour trying to extract ourselves. Luckily, we succeeded. This may sound like an adventure, but the buffer zone is not about that.

During my one-year assignment in Ledra, I realised that the buffer zone has its own synergy and its own challenges. It represents the livelihood of the population we serve, the Turkish Cypriot and Greek Cypriot communities, who cultivate the land, graze it and even develop projects in order to support the local infrastructure. It is like a small city within the island's capital, where people go about their daily lives, which sometimes comes with challenges and disagreements. This is where UNPOL often steps-in with its community policing skills. We try to resolve conflicts, bring people together, encourage them to engage in discussions and find solutions to their conflicts. And we often succeed. On a couple of occasions, I was pleasantly surprised when locals contacted us to inform us about a difficult situation they were facing in the buffer zone, asking for our support in finding a solution rather than create a conflict.

Having the opportunity to work with Civil Affairs also made me realise the importance of the Mission's integrated system. There, I worked alongside military and civilian personnel in finding solutions to support activities within the area as a part of UNFICYP's mandate: the return to normal conditions.

For a short period of time, I performed humanitarian duties; delivering medical and food supplies to the Greek Cypriot and



Maronite communities in the north of the island. This process built a relationship of trust with the local population and it's with pleasure that I observed their positive attitude towards UNPOL as well as the people who oversaw the deliveries, and generally towards UNFICYP's efforts.

I am currently serving in a training cell and I am responsible for all the training related tasks including the preparation of UNPOL's induction training

for newly arrived peacekeepers. The training is of upmost importance as it provides a general idea on what the Mission is about as well as the responsibilities and challenges peacekeepers will face while on duty within the buffer zone.

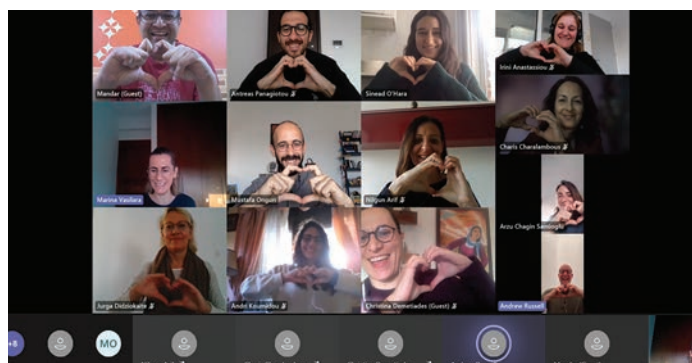
UNFICYP has given me the opportunity get involved in different roles and look at the world beyond what I already knew. During the Mission, I continued to acquire knowledge and felt proud of what I accomplished: I became one of UNPOL's driving assessors, a security warden and I was recently certified as a fire officer.

With regards to the COVID-19 pandemic, being a peacekeeper during these challenging times is not an easy job. Due to travel restrictions, for a year and a half, I saw my family only once, but regardless, I remained determined and focused. I realised that our lives will have to adapt to new movement restrictions and lack of socialisation. I took this opportunity to focus on activities that kept me preoccupied and alert. I took care of my health, I read lots of books, I attended several online courses and even started learning Spanish. These activities kept my mind active and helped me focus on my job's responsibilities.

I remain ready to help and will continue to share my experiences and understanding about the Mission with all incoming colleagues. My biggest motivation is also to continue finding ways to better understand the communities we serve and try to involve myself, as much as possible, in the peace process because I believe that all our combined efforts can and will contribute to finding a sustainable solution.



UNFICYP hosts monthly NGO meetings despite physical distance challenges



Since the beginning of the year, UNFICYP's Civil Affairs Section hosted a variety of NGO networking meetings. Taking place virtually, the monthly meetings are part of UNFICYP's Civil Affairs efforts to encourage inter-communal dialogue for the purpose of confidence and trust building between both communities across the divide.

In January, the first online NGO networking session featured a discussion on religion in Cyprus. Led by the Senior Research Consultant at the PRIO Cyprus Centre, 29 representatives from civil society, including members of the Religious Track of the Cyprus Peace Process and academics, participants spoke about the importance of religion on the island and its links with

peacebuilding, tolerance and reconciliation. February's session brought together more than 20 civil society representatives from across the island, guest speakers from the British Council Cyprus and "QueensOfMoney", a money management programme for women. One of the projects presented during the session was the COOPower project, which aims to raise public awareness of co-operative and social economy enterprises as alternative, inclusive and innovative approaches to tackling youth unemployment, and will provide practical support to young people in Cyprus, Greece and Croatia. It was followed by a discussion on a UN/World Bank report on a gender sensitive socio-economic impact assessment for a settlement in Cyprus.

More recently, the last session was attended by representatives from several civil society organisations from across the island and was focused on mental health and wellness and the importance of inner peace during the COVID-19 pandemic. Lead by the Executive Director of Cities4Peace, a nonprofit NGO promoting peaceful coexistence by providing community leaders with yoga meditation based tools to achieve inner peace, the session included a brief presentation on the link between inner and outer peace by Andrew Russell, a former United Nations staff with experience from Central America, Cyprus and Kosovo. Participants were also given practical tools for exploring personal mental health and wellness. Despite the COVID-19 challenges, the Mission's Civil Affairs section continues to facilitate monthly online NGO networking sessions until restrictions are lifted.

Doros Theodorou: 25 years of service for peace at UNFICYP

In March, Doros Theodorou completed 25 years of service for UNFICYP. He joined the Mission as a warehouse keeper in the UN Protected Area in 1996 and made significant contributions since his first day on the job.

In 2009 he embarked into the Civil Affairs section and ever since he has engaged with farmers, shopkeepers and people from both communities, to serve as a daily interlocutor on issues affecting civilian population.

When asked about the most challenging moment, he remembers the "coffee shop" farmers' outreach meetings hosted before the COVID-19 pandemic. "We used to deal with farmers and, at often times, there were tensions because of permits or because some areas inside the buffer zone were closed and they could not enter. A farmer in one of these meetings got really angry and started to shout, so I had to use all

my ability to talk and calm the situation down," he recalls. "At that moment, my purpose was to inform people that we and UNPOL were not allowing access because the Mission wanted to protect them from entering mine fields and getting injured. Just a few days before that someone driving a tractor crossed the area and the property was damaged," he explains.

He recalls the tension: "here situations can escalate very quickly and one thing I always tried to do was to remain calm and use my understanding to explain to others in a way they understand. My work was also a learning for me", he says.

On his last working day, SRSB Spehar stated: "Doros made an invaluable contribution to UNFICYP over his many years of service. I thank him sincerely for his work and dedication and wish him the very best as he begins a new chapter in his life," Doros, who's a father



of two, lives with his wife and hopes to spend more time with his grandchildren. "I finished my service, but I cannot stay home and do nothing, I am planning to refurbish the house, help my daughters in taking care of my grandchildren and meet and spend time with my friends after the pandemic," he concludes.



Embracing mental health during COVID-19

From 12 to 16 April, UNFICYP organised a mental health awareness campaign to support its staff in coping with the challenges that the COVID-19 pandemic has brought to light. The campaign focused on the general awareness of mental health issues and developing wellbeing and resilience.

The campaign, which has adopted the theme 'There's no mask for mental health' was spearheaded by UNFICYP's Chief of Mission Support, Joel Cohen. "The public health effects of the pandemic are far-reaching as we know, and the longer the crisis remains, threats to individual mental health and wellbeing become more prevalent. The campaign is designed to shed light on this aspect of our overall health and safety and assist our personnel to enhance their own mental health and wellbeing, while destigmatising mental health issues in general," he explained.

"We understand that at the moment staff are finding ways to cope with the pandemic, and addressing not only physical, but also mental health, is important so that we can continue carrying out our regular tasks and functions to implement the Mission's mandate," stated Deborah Dunn, UNFICYP's Chief of Human Resources, whose team is responsible for running the campaign.

United Nations personnel serving at UNFICYP have proven their resilience and adaptability to the unprecedented challenges which arose from the outbreak of COVID-19. However, the pandemic has and continues to have a significant impact on staff mental health and wellbeing across all personnel.

The campaign included virtual and interactive platforms including informative briefings, talks, videos and exercises. Craig Gagnon, the UN staff counsellor based in the United Nations Economic and Social Commission for Asia and the Pacific (ESCAP), conducted daily 90-minute online sessions and explored topics such as stress management, anxiety, coping with change amongst others.

The UN system around the world has implemented a workplace mental health and wellbeing strategy to help increase staff resilience, productivity and engagement. At UNFICYP, the campaign was tailored to all civilian, military and police components of the Mission.



The Road to a Lasting Peace

UNFICYP Headquarters
 PO Box 25644; Area Code: 1311
 Nicosia, Cyprus
 Tel: 2261-4634/4416/4408
unficy-p-public-information-office@un.org