## THE BLUE BERET

THE NEWSPAPER FOR CIVILIAN, MILITARY AND POLICE PERSONNEL WITHIN UNFICYP



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# MILITARY ADVISER TO DPKO VISITS UNFICYP

By Bdr William Aitkin

n 23 March 1999, Lieutenant General Giulio Fraticelli, the UN's Military Adviser, arrived in Cyprus. A comprehensive visit programme started on 24 March with an honour guard by the multinational Mobile Force Reserve, followed by an integrated briefing led by the Chief of Mission at HQ UNFICYP where Lieutenant General Fraticelli said that he had come to UNFICYP: "to learn, identify problems and help solve them, if possible".

Members of the MFR then put into effect an exercise which had taken them several days to practise. First there was a static display of three Tactica Armoured Personnel Carriers. A simulated accident then took place whereby a Pajero hit a mine which exploded, damaging the vehicle and injuring two UN personnel.

The MFR immediately deployed to the scene, converting their Tactica into an ambulance and calling for medical assistance. UN Flt despatched a helicopter which landed nearby at a landing site prepared by the MFR and flew the casualties straight to the UNFICYP Medical Centre. The whole exercise, watched by the Military Adviser through binoculars, was carried out in under 15 minutes.

Lieutenant General Fraticelli's visit to UNFICYP, which also included a day and a half along the line in Sectors One, Two and Four, follows a visit to UN missions in Georgia and Tajikistan.



Shin pad inspection

m 23 März 1999 ist der italienische Lt. General Giulio Minenunfall imitiert. Ein Pajero ist auf eine Mine gefahren AFraticelli, UN-Militärberater, in Zypern angekommen. Am 24 März wurde die umfangreiche Visite durch den Ehrenzug der multinationalen Mobile Force Reserve eröffnet.

Es folgten einige Einweisungen von der "Chief of Mission" ins Hauptquartier von UNFICYP, wo Lt. General Fraticelli nochmals betonte warum er hier ist: "um zu lernen Probleme zu erkennen und sie zu lösen, wenn möglich." Angehörige der MFR führten anschliessend eine bung vor, für die sie sich schon Tage vorher vorbereitet hatten. Zuerst wurden drei bewaffnete Taktiker als Personentransporter vorgestellt. Anschliessend wurde ein und hatte UN-Angehörige verletzt. Sofort rückte die MFR zur Unfallsstelle aus, wobei der Taktiker zu einem Rettungsfahrzeug umgerüstet wurde. Desweiteren wurde ein Hubschrauber verständigt. Er konnte auf einen, schon von der MFR vorbereiteten, Platz landen. Die Verletzten wurden unverzüglich in das Krankenrevier der UNFICYP gebracht. Die ganze Übung, beobachtet vom Militärberater, dauerte nie länger als 15 Minuten.

Lt. General Fraticelli visitierte auch das Personal entlang der Linie in den Sektoren 1, 2 und 4. Im Anschluss reiste er weiter nach Georgien und Tatschikistan wo er weitere Visiten durchzuführen hat.

BB TIPS - PEOPLE - REAL LIFE - CLASSIFIED - SPORT

### THE BLUE BERET

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### EDITORIAL

As all of us working for UNFICYP know, a great deal of enormously valuable work has gone into maintaining peace along the ceasefire lines and supporting the humanitarian needs of both communities over a period of many years.

The success of these joint operations has demanded commitment, professionalism, patience and constant attention to detail. Accurate and timely reporting forms a vital part of our operational success in Cyprus and gives our HQ in New York crucial information.

The work of every individual in our integrated political, military, civilian mission is deeply appreciated by all New York personnel involved with Cyprus. It was an honour for UNFICYP to host the recent visit of the Military Adviser to the Head of the Department of Peacekeeping Operations. He was impressed by our integrated organisation and joint operation. He was equally clear that keeping the peace on Cypurs is both important and demanding.

Lt Gen Fraticelli's visit symbolises the Secretary General's close interest in all that we do here, and I congratulate you all on the professionalism Lt Gen Fraticelli witnessed in all parts of the mission.

Christopher Coats Chief of Staff

Todos los que trabajamos para UNFICYP sabemos el gran trabajo que ha demandado la labor de mantener la paz a lo largo de las líneas de cese el fuego y apoyar las necesidades humanitarias de ambas comunidades, a lo largo de un período de muchos anos.

El éxito de estas operaciones conjuntas ha demandado un destacable compromiso, profesionalismo, paciencia y constante atención.

Los exactos y oportunos reportes constituyen una parte vital de nuestro éxito operacional en Chipre y brindan crucial información a nuestro Comando en Nueva York.

El trabajo de todos y cada uno de los individuos de esta Misión, política, militar y civilmente integrada, es profundamente reconocido y apreciado por todo el personal de dicho Comando. Por ello, fue un gran honor para UNFICYP, recibir la visita del Agregado Militar al Comando del Departemento Operaciones para el Departamento Operaciones para el Mantenimiento de la Paz. El ha quedado sumamente satisfecho con la integración de nuestra organización y su operación conjunta. Además, ha podido conocer claramente, que el mantenimiento de la paz en Chipre es tan importante como necesario. La visita del Tte Grl Fraticelli, sim-

boliza el gran interés de la Secretaria General por todo lo que nosotros estamos haciendo. Asimismo, felicito a todos los miembros de UNFICYP por el profesionalismo que el Tte Grl Fraticelli ha podido observar, en todos los lugares de la misión que ha visitado.

Christopher Coats Chief of Staff

Zoals iedereen die voor UNFIYP werkt weet, is er al jarenlang enorm veel waardevol werk verzet om de vrede aan de 'cease-fire lines' te bewaren en aan de humaniteire behoeften van de beide gemeenschappen tegemoet te komen. Het succes van deze gezamenlijke inspanning heeft veel toewijding, professionaliteit, geduld en voortdurende aandacht voor details gevraagd.

Accurate en tijdige rapportage vormen een vitaal deel van ons operationele succes in Cyprus en geeft ons hoofdkwartier in New York cruciale informatie. Het werk van ieder individu in onze geïntegreerde politieke, militaire en civiele missie, wordt hoog gewaardeerd door al het personeel op het hoofdkwartier dat betrokken is bij Cyprus. Het was een eer voor UNFICYP om gastheer te zijn bij het recente bezoek van de Militaire Adviseur van het Hoofd van het Departement voor 'Peace-Keeping Operations". Hij was onder de indruk van het niveau van integratie en samenwerking. Hij was ervan overtuigd dat het handhaven van de vrede een belangrijke en veeleisende taak is. Luitenant-Generaal Fraticelli 's bezoek symboliseert de nauwe betrokkenheid van de Secretaris-Generaal bij alles wat we hier doen. Ik feliciteer jullie met de getoonde professionaliteit, in alle delen van onze missie.

Christopher Coats Chief of Staff

### BB TIPS:

- ...Calm yourself and calm down the
- ... Make room around the casualty
- ...Apply mouth-to-mouth respiration if there is no breathing
- ...Apply chest compression if there is no pulse
- ...Lay casualty on the ground, facing to one side
- ...Compress bleeding
- ...Immobilise fractures with a splint
- ...Cover and bandage wounds
- ... Wash burns for 10 minutes and cover lightly
- ...Cover the casualty
- ...CALL FOR HELP!

#### DON'T:

- ... Move the casualty
- ...Allow the casualty to stand up
- ...Give an unconscious casualty
- ...Give water if casualty has an abdominal wound
- ...Put creams on wounds or burns
- ...Break blisters
- ...Use cotton to cover injuries
- ... Try to remove foreign bodies if they are not impairing breathing
- ...Cut, tourniquet or burn bite or sting wounds
- ... Use hot water bottles
- ...Give hot beverages, alcohol or cigarettes
- ...RISK YOUR OWN SAFETY

- ...Cálmese y calme al accidentado
- ...Despeje el area proxima al accidentado
- ...Si no respira, realice respiración
- ...Si no hay pulso, aplique masaje cardio-respiratorio.
- ... Tienda al herido en el suelo, con la cara hacia un lado
- ...Comprima la hemorragia
- ...Inmovilice la fractura con una tablilla
- ...Cubra y vende la herida
- ...Lave la quemadura durante 10 minutos y cúbrala ligeramente
- ...Abrigue al accidentado ...PIDA AYUDA!

#### NO:

- ...Mover al accidentado
- ...Que el accidentado se incorpore.
- ...Darle agua si el accidentado está inconsciente
- ...Darle agua si el accidentado tiene una herida abdominal
- ...Ponerle cremas en heridas o quemaduras
- ...Romper las ampollas
- ...Usar algodón para cubrir las
- ...Tratar de quitar cuerpos extraños si estos no afectan la respiración
- ...Cortar, o aplicar torniquetes o morder la picadura de una víbora
- ...Usar bolsas de agua caliente
- ...Darle bebidas calientes, alcohol o cigarrillos
- ...PONGA EN RIESGO SU PROPIA SEGURIDAD.

... Nyugodj meg és nyugtasd meg a

THE DOS AND DON'TS OF FIRST AID

- ...Csinálj helyet a sérült körül
- ...Végezz szájból-szájba lélegeztetést, ha nincs légzés
- ...Végezz szív-kompressziót, ha nincs pulzus
- ...Fektesd a sérültet a földre stabil oldalfekvésbe
- ...Csökkentsd a vérzést
- ...Rögzítsd a törést
- ...Fedd le a sérülést és kösd be
- ... Mosd az égést 10 percig utána lazán kösd be
- ... Takard be a sérültet
- ...HIVJ SEGÍTSÉGET!

#### NE TEDD:

- ...Ne mozgasd a sérültet
- ...Ne engedd felállni a sérültet
- ... Ne adj eszméletlen sérültnek inni
- ...Ne adj vizet az alhasi sérültnek
- ... Ne kenj krémet a sebre vagy égésre ...Ne szakítsd fel a hólyagokat
- ...Ne használj pamutot sebtakarásra
- ...Ne próbálj eltávolítani idegen testeket ha nem zavarják a légzést
- ...Ne használj ollót vagy érfogót harapott mart sebnél
- ... Ne használj forróvizes palackot
- ...Ne adj forró italt, alkoholt vagy
- cigarettát ...NE KOCKÁZTASD A SAJÁT BIZTONSÁGODAT

#### ZU TUN:

- ...Ruhe bewahren und den Verunglückten beruhigen
- ...Raum um den Verletzten schafffen ...wenn keine Atmung feststellbar ist, beginne mit der Mund zu Mund-
- Beatmung ...wenn kein Puls feststellbar ist, beginne
- mit der Herzmassage ...den Verletzten in eine stabile
- Seitenlage bringen ...Blutungen durch Kompressionen
- ...Brüche durch eine Schiene ruhigstellen
- ...Wunden bedecken und bandagieren ...Brandstellen ca. 10 Minuten lang mit kaltem Wasser abkühlen und die Wunde vor weiteren Verschmutzungen
- ...Unfallort absicheren

zu schützen

...HILFE HOLEN

#### NICHT ZU TUN:

- ...den Verletzten unnötig bewegen
- ...den Verunglückten erlauben aufzustehen
- ...einem Bewusstlosen Wasser verabreichen ...einen Verletzten bei einer Unterleib-bzw.
- Bauchverletzung Wasser zum Trinken
- ...Salben oder Medikamente verwenden
- ...Blasen aufschneiden ...Baumwolle als Wundverband verwenden
- ...Fremde Körper verschieben, wenn sie nicht die Atmung beeinträchtigen
- ... Massage oder Aufschneiden von Rissoder Schnittwunden
- ...heisses Wasser benutzen
- ... Verabreichung von heissen Getränken, Alkohol oder Zigaretten
- ...DIE EIGENE SICHERHEIT RISKIEREN

## MUSIC IN PYLA

up to jump on the bouncy castle. painted faces, impersonating tigers, bears and clowns. The whole village seems to be here.

The occasion? An UNFICYP celebration on 17 March (coinciding with St Patrick's Day) in Pyla, hosted by Irish personnel.

As well as Pyla residents, personnel from throughout UNFICYP have turned up for an afternoon of entertainment and Irish food and The Chief of Mission made a speech,

tance of Greek Cypriots and Turkish Cypriots Others wander about with making decisions together "for the future of Pyla". Later, the two muhktars met with her the first time that the two men have sat down together for weeks. "That's a good sign," says Dame Ann.

> Police Officer Simon Duignan is mixing Irish coffee, and stew and trifle are proving popular with guests. Coffee shops and bars are doing good business.

> On the roof of the Pyla UN Observation Post stands Austrian-born

hildren are lining emphasising the impor- Corporal Jason Rados, watching the people down on the square enjoying themselves. With his Italian, Austrian and Croatian roots, Jason seems to have been born to serve with a multinational force.

> He's been serving in Pyla for almost a year, and flies home to Austria at the end of this month to go back to university.

"I joined the army because I needed money to pay for my studies. Now I've saved enough to live and study for two and a half years. I'm studying Political Sciences, and my experiences in Cyprus have been very useful."

Gesturing towards the people in the square he comments: "It's great to see the children playing together."

As the sun sets, the Hungarian musicians take over from their Argentinian colleagues who in turn have followed the Irish contribution. It's been a good day for the UN with the citizens of Pyla.



Pyla residents dance with the UN



Corporal Jason Rados on guard over Pyla Square



Happy faces

inder stellen sich in einer Reihe auf um in das Luftschloss springen zu können. Andere laufen mit bemalenen Gesichtern, Tiger, Clowns und Bären nachahmend, umher.

Der Anlass? Eine Feier am 17 März ("St Patrick's Day") in Pyla, welche durch das irische Personal unterstützt wurde.

Wie die Bewohner von Pyla auch Angehörige hindurch des ganzen UNFICYP Stabes haben einen unterhaltsamen Nachmittag mit irischem Essen und Getränken genossen. "Die Wichtigkeit der gemeinsamen Enscheidungen von griechischen und türkischen Zyprioten für die Zukunft von Pyla hervorhebend", hielt die "Chief of Mission" eine Ansprache. Später sassen sich die zwei "muhktars" (Ortsvorsteher), die seit Wochen nicht mehr miteinander gesprochen haben, noch mit Dame Ann zusammen. "Das ist ein gutes Zeichen", sagte Dame Ann.

Die Gäste erfreuten sich nicht nur am "Irisch Coffee" gemixt vom Polizeioffizier Simon Duignan, sondern auch am köstlichen Eintopf und diversen Kleinigkeiten. vergewisserten sich, dass d Kaffeebars und Geschäfte verzeichneten ebenfalls einen Ohren nach Hause gingen.

guten Erfolg.

Auf dem Dach des UN OP Pylas steht der in sterreich geborene Korporal Jason Rados um die ausgelassenen Menschen auf dem Platz zu beobachten. Mit seinem italienischen, österreichischen und kroatischen Wurzeln erscheint Jason geboren für den Dienst in einer multinationalen Einheit zu sein.

Er war für fast ein Jahr in Pyla stationiert und fliegt mit dem Ende des Monats nach Hause, wo er sein Studium fortsetzt. "Ich trat in die Armee ein, da ich das Geld für mein Studium benötige. Jetzt habe ich mir genug erspart um problemlos zweieinhalb Jahre studieren zu können. Da ich Politikwissenschaften studiere sind meine Erfahrungen die ich hier gesammelt habe, besonders brauchbar." Auf den Platz zeigend meint er, dass es grossartig ist die spielenden Kinder auf dem Basketballplatz zu sehen. Bei Sonnenuntergang lösten die ungarischen Musiker ihre argentinischen Kollegen ab. Korporal Antal Bor auf der Gitarre und Korporal Ferenc Sass am Synthesizer vergewisserten sich, dass die Menschen mit Musik in ihren

#### TEMPORARY CLOSURE OF LEDRA CHECKPOINTS

All UNFICYP personnel are informed that the Ledra Checkpoints will be closed on Monday 12 April 1999, due to the Greek Cypriot pilgrimage to Apostolos Andreas on the Karpas peninsula between the following times:

> 07.00 to 10.00 am 18.00 to 20.30 pm

### HORST OF ALL TRADES

Staff Sergeant Horst Gunther (40) can justly be called a missionary, not only because he has served four missions on the Golan Heights and three with UNFICYP. "No," he admits: "I have also been a missionary for my church. I spent two years in the United Kingdom ringing door bells and approaching people in the streets to tell them about my faith, about what is commonly known as the Mormon church."

Horst is clearly something of a "Jack of

all trades".

"I'm a qualified optician. I am also qualified to give Chinese medical treatment and I have a trading licence too. Apart from that, I used to work in the Signal Corps and have been a Military Policeman. I now work in the Sector Four Civil Affairs Team."

He's also a husband and father: his wife and five children live in Lakatameia, south west Nicosia, where the children attend the grammar school.



#### RELIEF UNFICYP

What year was UNFICYP established?

a. 1964

1974 1984

What is the approximate length of the BZ?

a. 180 km

b. 190 km

200 km

What width is the narrowest part of the BZ?

a. 3 metres

b. 10 metres

15 metres

How many contingents make up UNFICYP?

a. b. 9

13

What is the approximate strength of UNFICYP?

a. 2,510

b. 1,500 1,000

What is the speed limit inside the UNPA?

a. 40 kph b. 50 kph

c. 60 kph

How many OPs are there?

a. 116

b. 146 164

C.

What does OPT stand for?

a. Observation Point

**Observation Post Temporary** 

c. Oil, Petrol, Technicals

What is the "Green Line"?

a. A portion of the Buffer Zone

An imaginary line linking Varosha and Famagusta

The road between Dhekelia and Ayios Nicolaos

Why is the Green Line green? Because:

a. UNFICYP is environmentally conscious

b. A green pen was used to draw a line on a map

c. Green is a neutral colour

11. The Old Walled City of Nicosia includes the:

a. Race Course area Phedios River area b.

Ormophita Strip

None of the above

12. Which was the first non-Austrian nationality to

join Sector Four:

a. Hungarian Slovenian

13. Which Sector lies next to an old copper mine?

a. Sector One

b. Sector Two

Sector Four

14. What country does the CM's husband come from?

a. United States of America

c. New Zealand

15. How long is the typical UNFICYP mandate?

a. 3 months

b. 6 months

c. 12 months

16. What does the "ESBA" stand for?

a. Eastern Seaboard British Area

Eastern Sovereign Base Area c. Eastern Supply British Airways

17. What is a ".50 Cal"?

A type of ammunition

b. The name of the UNPA football pitch

c. A drainage system

18. When is United Nations Day celebrated?

a. 15 August

30 September

24 October

19. What telephone numbers must one dial to reach the south from the north and vice versa?

a. S to N = 0139, N to S = 0123

b. S to N = 0193, N to S = 3210

S to N = 0913, N to S = 2130

Who is the current Secretary-General of the United Nations?

a. Jacques Santer

Javier Solana

Kofi Annan

¿En qué año se estableció UNFICYP?

a. 1964

b. 1974 1984

¿Cuál es la longitud aproximada de la BZ?

a. 180 km

b. 190 km

c. 200 km

¿Cuál es la parte más angosta de la BZ?

a. 3 metros

10 metros b.

15 metros

¿Cuántos contingencias componen UNFICYP?

a. 8

b. 9

c. 13

5. ¿Cuál es la fuerza efectiva aproximada de UNFICYP?

b. 1,500

c. 1,000

¿Cuál es la velocidad límite dentro de la UNPA?

a. 40 km/h

b. 50 km/h 60 km/h

¿Cuántos OP(s) hay?

a. 116 b. 146

c. 164

¿Qué significa OPT ?

a. Puesto de Observación

b. Puesto de Observación Transitorio

c. Puesto Ocupado Transitoriamente

¿Qué es la "Green Line o Línea Verde "?

a. Una porción de la BZ

Una línea imaginaria que une Varosha y Famagusta

La ruta entre Dhekelia y Ayios Nicolaos ¿Por qué es Verde la Linea Verde o Green Line?

a. UNFICYP es consciente del medioambiente se usó un lápiz verde para dibujar la linea

sobre la carta. c. El verde es un color neutral

11. La vieja ciudad amurallada de Nicosia incluye:

a. el área de Race Course

b. el área del Río Phedios

La franja de Ormophita d. Ninguno de los anteriores

12. ¿Que fue la primera nacionalidad no austríaca en ingresar al Sector 4?:

a. Húngara

b. Eslovenia c. Holandesa

13. ¿Qué Sector está ubicado cerca de una mina abandonada?

a. Sector Uno

Sector Dos

Sector Cuatro

14. ¿De qué país viene el esposo de la Jefa de Misión?

a. EEUU

c. Nueva Zelanda

15. ¿Cuánto dura un mandato típico en UNFICYP?

a. 3 meses

b. 6 meses

c. 12 meses

16. ¿Qué significa la sigla inglesa "ESBA"?

a. Area Británica del Litoral Oriental

b. Area Baja del Litoral Oriental

c. Air British Lines Op 17. ¿Qué es un "calibre .50"?

Un tipo de munición

b. El nombre de una cancha de fútbol de la UNPA

Un sistema del desagüe

18. ¿Cuándo se celebra el día de las Naciones Unidas?

a. 15 de Agosto

b. 30 de Septiembre

24 de Octubre

19. ¿Qué números del teléfono deben marcar para comunicarse desde el sur al norte y viceversa?

a. Sa N= 0139, Na S= 0123 S a N= 0193, N a S= 3210 S a N= 0913, N a S= 2130

¿Quién es el actual Secretario General de las Naciones Unidas?

a. Jacques Santer Javier Solana

Kofi Annan

Melyik évben hozták létre az UNFICYP-et?

a. 1964

b. 1974 c. 1984

2. Körülbelül milyen hosszú a Buffer Zóna?

a. 180 km

190 km

200 km

Milyen széles a Buffer Zóna a legkeskenyebb részén?

a. 3 m

10 m

15 m Hány nemzet alkotja az UNFICYP-et?

a. 8 b. 9

c. 13 Körülbelül hány f alkotja az UNFICYP-et?

a. 2510

b. 1500 c. 1000

Mennyi a max. megengedett sebesség az UNPA-n?

a. 40 km/h b. 50 km/h

c. 60 km/h Hány OP van az UNPA-n?

a. 116 146

164 Mit jelent az "OPT" rövidítés?

a. Megfigyel Pont

b. Id leges Megfigyel Pont c. Olaj, Üzemanyag, Alkatrész

9. Mi a "GREEN LINE"? A Buffer Zóna egy része Egy képzelt vonal Varosha és Famagusta

c. A Dhekeliát Ayios Nikolaos-szal összeköt út 10. Miért zöld a " ZÖLD VONAL"?

Mert az UNFICYP környezetbarát Mert zöld tollal huzták a vonalat a térképre Mert a zöld egy semleges szín

A következ k közül melyik van Nicosia Óvárosában? a. Lóverseny-pálya

Ormophita sétány

Phedios folyó Egyik sem 12. Melyik volt az els, nem Osztrák nemzet a 4-es szektorban?

a. Magyar Szlovén

Holland 13. Melyik szektor települt egy használaton kívüli bánya mellet?

a. 1-es szektor

b. 2-es szektor 3-as szektor

14. Melyik országból jött a CM férje? a. USA

b. Fiddzsi Ujzéland 15. Hány havonta kell az UNFICYP mandátumát meghosszabbítani?

a. 3 havonta

b. 6 havonta

c. 12 havonta

16. Mit jelent az "ESBA" rövidítés? a. Keleti Tengerparti Angol Terület

b. Keleti Szuverén Bázis Terület

c. Keleti Ellátó Angol Légijárat 17. Mit jelent a "50 Cal"?

Egy I szer fajtát b. Az UNPA focipályájának neve c. Csatorna rendszert

18. Mikor van az ENSZ napja? a. augusztus 15.-én

b. szeptember 30.-án c. október 24.-én

19. Melyik telefonszámot kell tárcsázni, ha Délr l Északra és Északról Délre akarunk telefonálni?

a. E - D = 0139D - É = 0123b.  $\dot{E} - D = 0193$ D - E = 3210

 $\dot{E} - D = 0913$   $D - \dot{E} = 2130$ 

20. Ki az ENSZ jelenlegi f titkára? a. Jacques Santer

b. Javier Solana

Kofi Annan

How ready are our readers to enter a quiz? The above questions should be reasonably simple to answer for members of UNFICYP who have arrived on the island within the last month - at least, if you read about what's going on within the Force on the odd occasion! So, put your thinking cap on and pen to paper the winner will be able to go home with a portrait of him/herself taken with the compliments of the Public Information Office.

So get to it - answers must reach the PIO, HQ UNFICYP, by Monday 12 April 1999.

## **PEOPLE**



oming from the RLC side of life at Thorney Island, I was naturally a little apprehensive about becoming a member of 43 Air Defence Battery in Cyprus.

"A little odd" I hear you say, "an RLC person doing a Gunner's job!" Yes, maybe it is, but when I heard there was the slightest hint of a chance of going to Cyprus, I jumped at it before even thinking of what the consequences might be.

It was a little daunting though for two reasons. First, I had never been abroad before (apart from the obvious school trips to France, etc.) and second, I was going with a large bunch of big tough Artillerymen, or Air Defenders as they are proud to be known. Little did I know that in reality, they are all as soft as teddies.

## LIFE WITH LEDRA TROOP

I was all excited and nervous when we left for Cyprus because I had never flown before and, as you would expect, I kept thinking about all those plane crash stories which didn't help, but I

made it.

The flight touched down in Larnaca Airport at some unearthly hour in the morning. We were immediately shunted into some coaches and driven to the place where we would be spending the next six months.

As soon as we got to Ledra Palace Hotel, we were all herded into what would be known as the "Ballroom" and met by the advance party who were all smiles! After an introduction to Cyprus by the CO and RSM (something like ... "You'll enjoy it"), we were issued our ID cards and UN driving licences, then shown to our accommodation.

The Troop dozen dispersed to be briefed about where we would be working, in my case Ledra Troop. We were then given an AOR tour by our TSM and Tp Sgt - aka the "Shaved Apes". The next couple of days was a "getting to know you" period and time to get over administration problems.

On day five, one such problem was the loading bay just outside the Troop Ops Room. It needed a facelift. Three of us who were standing in the Ops Room were detailed to go and do this. We set outside and started tidying it up, but the sandbags didn't approve so they By Pte Kath A Griffiths
promptly exploded on us, making the
job a much bigger task. The outgoing
19 Regt lads watched and sniggered at

our efforts, as we would doubtless do if we were in their position.

A few days later, we had totally got rid of 19 Regt RA and started our sixmonth task of stagging on. I have encountered a few dramas, one particular highlight was my first demonstration. I just happened to be on OP 62. I was logging every movement enthusiastically and managed to keep on top of the reports so enthusiastically that my Tp Sgt, who was at the scene, had to tell me to calm down over the net, and inform me that he had control of the situation.

Another major event was the CRA's visit where we did a rehearsal of a Contingency Operational Plan "Woodpecker Ledra", staging a situation which could happen at the Ledra Palace. This particular exercise had us shutting all of the exits, dealing with demonstrators and doing gate duties. We think he was impressed...

It isn't all work though; Ledra Troop get three days out of every 15 to go on TAS (Training, Administration and Stand Down). We get many opportunities to go to Dhekelia and do some adventure training, and we also get a chance to go to the Troodos mountains, which I did and participated in hill walking, mountain biking, rock

climbing and abseiling. I have also done some skiing (or tried to) which I thoroughly enjoyed, even though I spent a lot of time taking a close-up look at the snow, because I was always covered in it.

Since I have become part of an operational section I have noticed a dependence on each other, not only on a professional level but a social level as well. This creates a sense of teamwork, not only within the section but the whole of Ledra Troop, that cannot be rivalled by any other I have experienced to date

#### Blue Beret Favourites

......

This issue's candidate for the Blue Beret Favourites quiz is the Commanding Officer of Sector Four, Lt Col Helmut Plieschnegger. His favourites are:

Colour: "blue"

Food: "Italian"

Place: "Tuscany"

Heroine: "Mother Theresa"

# CYPRUS REVISITED

New Zealander Steve Whitehouse was UNFICYP Spokesman from 1983 to 1985. He is now the Chief of the Video Section of the UN Department of Public Information in New York. He was back in Cyprus this month filming the work of the Force as it marks its 35th Anniversary. His stories will be broadcast on the CNN World Report programme among other broadcast outlets worldwide. He shared with Blue Beret some impressions on how things have changed over the past 16 years...

By Steve Whitehouse

Atrip back to Cyprus on a brief mission brings back many memories.

In the 1980s, UNFICYP had nearly twice the personnel it has today. As a result, there is less bustle around HQ Nicosia these days. Half the married quarters and a number of other landmarks have been literally razed to the ground. The camp is looking quite spruce, however, especially as spring rain has lent a touch of green and flowers are blooming before the relentless summer dries everything out.

Other changes are noticeable too. The Officers' Mess has become the International Cafeteria; the Hibernian Club has shifted location; the flags outside HQ have changed somewhat as contingents have come and gone; and people seem to be taking the speed limit in the UNPA more seriously. The cricket grounds have been dug up (temporarily, I hope) and my thoughts go back to many a hot afternoon spent defending UNFICYP's sporting honour against upstart teams from other parts of the island.

Oh, and there's the airport. Or more precisely the acres of tarmac upon which I used to fly radio-controlled model aircraft. A miniature adjunct to the UN Flight. Despite numerous crashes I somehow managed to avoid creating an international incident with an inadvertent aerial move forward. Now, I see, large areas adjacent to runways have been overtaken by, horror of horrors, golfers! Not all is progress....

But most of all, I remember people. Some of whom, I am glad to say, are still around. For it is the

human factor that remains in the memory. The young and shy lieutenant who revealed an entirely unexpected dimension to his personality when dressed in women's clothes in the UNFICYP Christmas show. Costas, who ran the general store near my flat and stocked just about everything, if he could only find it in the gloomy recesses behind the counter. Mehmet, the backgammon whiz and jazz piano fan. Michael, the skinny 10-year-old who took his first high dive at the swimming pool and is now, I am told, finishing his PhD in Physics in the UK!

There are some flash new buildings downtown, and the number of cars on the road seems to have tripled. The local talent for finding a spare plot of land and turning it into an instant road or short-cut has not disappeared, however.

The only really disturbing discovery I have made on my return visit is to find that the sentries have got younger. And for some mysterious reason, the old photos from the *Blue Beret* files from 1985 reveal me to have completely black hair, rather than the distinguished grey I now prefer. It just goes to show that pictures can lie....

Oh, and by the way, compared with New York, the food in today's UNFICYP cafeteria is great. Especially the cake pudding with the chocolate custard sauce...

My thoughts drift back to the good old days. The problems there inevitably were seem to have faded in my recollection. Cyprus sticks in the mind and the heart. I'm sure I'm not the only one.



Steve Whitehouse covering the work of the MFR

## NEWS

## HOMEWARD BOUND



Departing Austrians .....

The row of buses neatly lined up at the edge of the square is the first sible sign of the Sector Four tation. Apart from that, everything ems to be quiet in Camp Duke copold V. Then suddenly, music oms out over the camp, so loud it rces people to put their hands over eir ears.

"Flying home, flying home" is day's favourite song. But duty calls itil the very last moment. Although eir packed bags are at hand, Corpol Christian Wilfling and Master orporal Thomas Kisits still perform eir duties in the "heart and mind" Sector Four, the Operations Christian has been working as a clerk with UNFICYP. "I joined the Austrian army to save money so I can study business and economics. When I get home, I face a life with a low budget," he explains. Thomas has different plans. "I'm going to spend the money I've earned, and then I hope to come back to UNFICYP for another tour. That's what I did before. In 1994 I served on the line; this time I worked in the communications field. I must say that the job on the line, with my mates in the platoon, was more fun. But this was all right too.'

At roll call, smiling faces indicate everybody is happy to go

home to their nearest and dearest again. The newly arrived Commanding Officer, Lieutenant Colonel Helmut Plieschnegger however, has mixed feelings about seeing his personnel depart. "A lot of key people are leaving, so there is not much continuity. This means there'll be a lot of training in Sector Four the coming

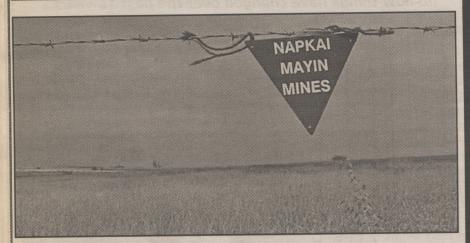
Major Horst Ehling has been Sector Four's Senior Operations Officer, but for the remaining months of his tour he will be the Operations Information officer. "Not only that, I will also be the Unit Press Officer, making sure that visiting journalists get the right message and, of course, that Sector Four articles are included in The Blue Beret."

Meanwhile, the departing Slovenian peacekeepers have made sure they will be remembered. Captain Andrej Pisarevic has seen to it that a plate with their names on is nailed to the kozolec, the hay rack in front of OP 139, a reminder to the incoming contingent, led by Captain Gregor Hvastaja, of the Slovenians who have already spent time with UNFICYP.



.... and Slovenians from Sector Four

## DON'T TOUCH!



Following last week's tragic mine accident in which a National Guard sergeant lost his life, UNFICYP reminds all personnel of the daily dangers posed by landmines.

A fresh batch of mine-awareness material is being produced in several languages, and will be distributed to all branches and units.

In brief, whenever you observe an unmarked mine or unexploded ordnance:

DO NOT TOUCH IT MARK THE LOCATION CLEARLY REPORT THROUGH THE CHAIN OF COMMAND

### THE SECRETARY-GENERAL'S MESSAGE WORLD HEALTH DAY, 7 APRIL 1999

"Active ageing makes the differ- potential of older persons and the ence" - the theme of this year's World Heath Day observance - applies, first and foremost, to the 580 million men and women throughout the world who are now 60 years of age or older. But it also concerns each one of us, regardless of our age: first, of course, because we will all grow old, and secondly, because over the past century, the average lifespan has increased by 30 years.

Indeed, within 50 years, older persons will outnumber the very young. That is why 1999 has been designated as the International Year of Older Persons. And it is why the question of the ageing of the global population will figure prominently on the agenda of the special session of the General Assembly to be held this summer, to review progress in implementing the programme of action adopted at the International Conference on Population and Development in Cairo in 1994. We are, in short, in the midst of a demographic revolution whose social and economic consequences we cannot

Meeting this challenge will mean changing commonly held views of older persons. It will mean no longer thinking of the aged population as a burden, but rather as a treasure trove of resources acquired over a lifetime. It will mean recognizing the vast

invaluable contributions they can make to society.

To realize that potential, older persons must have their means. If good health is needed to remain active, it is also true that remaining active helps to preserve health. This implies integrated action on several fronts, from health care and social services to employment, continuing education, leisure and information.

And if a longer life is to be a richer life for all, investment must be made at all stages of life. Sadly, not all people are born with the same opportunities, and inequalities tend to perpetuate themselves and be reinforced over time. To be poor, to have a low level of education, even to be a woman: such factors often reduce the chances of having an active and fruitful old age. In the twilight of life, as in childhood, a significant share of these inequalities result from injustices that we can and must combat with all our strength.

World Health Day 1999 is an occasion for us to reaffirm that all human beings are equal in dignity, regardless of their origin, gender or age. It is also an opportunity to recall that the ultimate goal of all United Nations efforts is to contribute to the progress of humanity by helping each individual, without exception, to develop fully at all stages of life.

## CLASSIFIED

#### ITEMS FOR SALE

#### **CARS FOR SALE**

Honda Prelude. Duty Free. 1992, black, 30,000 km, automatic, all options, power steering, electric windows, reinforced engine version. £2,500 ONO. Tel (02) 864440.

BMW 520i, air conditioned, stereo radio, 1986, fully serviced, good condition, duty free £650. Contact Klaus Thalinger on 02-359666.

Honda Civic EL, 1993, duty free. Silver, 52,000 km, a/c, hatchback, good condition. £2,000. Contact Padré Richard on 02-359108.

Nissan Sunny Saloon, white, 1992, duty free, 4WD, 4 new tyres in excellent condition, price: £1,200. Available from April. Contact Lt Col Ramirez: (02) 864764 (O) and 924159 (H).

Mazda 626 Estate 2.0 GT. Genuine 7-seater, a/c, cruise control, electric windows, sun roof, low mileage. Excellent condition. £3,500 ONO. Tel John or Bronwyn Jones at (02) 753001 (0) or 660997 (H).

Mazda 323, 1993, white, 4-door sedan. 5-speed, a/c, power windows/locks, new battery/tyres. Very good condition, 60,500 km. Duty free: £1,200 OBO! Available July. Call (02) 776400, Ext 2595 (O) or 352502 (H).

Volkswagen Golf automatic saloon, 5 doors, duty free, only 11,750 miles - low price. Call (02) 771834.

#### OTHER ITEMS FOR SALE

Brand new computer table, light wood for sale. £50. Phone Shona on (02) 454600 (O) or 351349 (H).

SHARP cordless phone, one year old, price £50. Contact Noel on (02) 864524 (O) or 352690 (H).

As new ladies' medium sized full diving suit (Marin) with jacket. Half price at £85. Phone Joanne on (02) 864485.

#### ITEMS FOR HIRE

#### HIVE ITEMS FOR HIRE

The NICOSIA HIVE operates a comprehensive loan store. Items available are: VAX machine, child's car seats, pushchairs, backpacks, high chair, travel cots, children's toys and bikes, cool boxes, sun loungers, golf clubs, radio/cassette players, BBQ, etc. Call the NICOSIA HIVE to check availability.

#### DISCO FOR HIRE

The UNPA WOs' & Sgts' Mess (The Vic Club) has upgraded its disco equipment to a high standard. This is available for hire for functions etc. The cost of hire is now £50.00 per event. Two DJs are also available and separate arrangements should be made with either DJ regarding fees. Bookings for the disco should be made through the PMC, WO2 Miller on (02) 359760 ext 126 (W) at least seven days in advance.

#### HAVING A PARTY?

The Youth Club is now available for hire. Many facilities including new disco equipment and lights, barbecue and plenty of space! Contact Pam on (02) 359112 for more details.

#### PROPERTY TO LET

Very spacious four-bedroom apartment in quiet residential area in Engomi, occupying third and fourth floors. Elevator, parking, nice views all round, four A/C units, washer, fridge, cooker/oven. Contact (09) 680870 or (02) 355414.

House in a cul-de-sac in Strovolos. 3 bedrooms, 3 WCs, kitchen, dining room/sitting room, a/c in master bedroom, ceiling fans, c/h, unfurnished, garden, patio. Available from April 99. £480. Contact: 02-320357.

Flat to let in Lycavitos. Third floor, 3 bedrooms, storeroom, covered parking, c/h, provision for a/c. Can be let furnished or unfurnished. Rent: £400 (negotiable). Phone Yannos on (02) 344461/09-693993 or Yanna on (02) 864524.

First floor house in Strovolos (11 Herodou Attikou St). 220 sq.m. with 3 bedrooms, hall, living room, office, kitchen, 2 WCs, laundry room, garage and c/h. Solar water heater. Rent: £400. Tel: (02) 422516.

#### **CHURCH SERVICES**

SERVICES AT ST COLUMBA'S CHURCH, UNPA: ANGLICAN EUCHARIST On:

Maundy Thursday 1 April, 18:00 hrs - Anglican Eucharist of the Lord's Supper.

Good Friday: 2 April. 15:00 hrs - solemn Liturgy of the Passion (Joint Anglican & Roman Catholic Service).

Holy Saturday: 3 April, 18:00 hrs. RC Vigil Mass of the Resurrection.

Easter Sunday 4 April, 16:00 hrs. Anglican Easter Eucharist (Padre Richard's last service)

Easter Saturday, 10 April, 18:00 hrs. Roman Catholic Vigil Mass. Sunday 11 April, 10:00 hrs. Sunday Worship

Saturday 17 April, 18:00 hrs. Roman Catholic Vigil Mass Sunday 18 April, 10:00 hrs.

Sunday Worship.

Saturday 24 April, 18:00 hrs.

Roman Catholic Vigil Mass

Sunday 25 April, 10:00 hrs. Sunday Worship.

Sector 2 Padré's Office (LPH), tel: 864760/1, Ext 301.

BRITCON Anglican Chaplain: Padré Philip McCormack.

Dutch Chaplain, Padré Peter 't Hoen

BRITCON RC Chaplain - Father Kevin Prince

#### **FACILITIES**

#### NICOSIA LIBRARY

The Nicosia Library, 23 Sycamore Road, UNPA. Tel (02) 359317. Many new books now in stock. For the new entrance please follow the arrows round the side.

#### Opening Hours:

1000-1300 and 1500-1700 hrs Mon - Fri.

All nationalities are welcome Huge selection of fiction & nonfiction books for adults and

Book search and reservation service.

Language cassettes and books available on long-term loans.

Many music cassettes and books

Videos now available on loan. Photocopying at 5c per copy. Computer & CD-ROM for use with military studies. "COIC Career Builder" programme.

Notice: The Library is closed for Easter on 2, 5, 9 and 12 April.

#### NICOSIA HIVE NEWS

The NICOSIA HIVE is open for information and advice and is located at 21 Sycamore Road, UNPA (within the Married Quarters area). Tel (02) 359316. The Nicosia HIVE Co-ordinator is Geraldine McKendrick.

All nationalities are welcome!

Opening Times: Mon-Wed-Fri, 0930-1230 and 1500-1700 hrs.

Notice: The HIVE is closed for Easter on 2, 5, 9 and 12 April.

#### **SERVICES**

Why don't U.Network@the UNPA?
No, it's not another of those strange e-mail addresses, but the UN Wives' Coffee Morning, transformed and revitalised! You can still come along for coffee, but you don't have to be anyone's wife. U.Network hopes to provide a forum where spouses from UNFICYP and diplomatic missions can exchange information, skills, ideas and news. The next meeting will be held in the HIVE on Wed 21 April at 1000 hrs.

FED UP WITH THE IRONING BOARD? Mature British lady takes in ironing. Excellent service, very reasonable rates. Tel: (02) 661787.

#### SANDRA'S HAIR FASHIONS

Sandra's Hair Fashions is situated at 21 Sycamore Road on the Married Quarters Patch. Open Mon-Fri between 0900-1800 hrs. Tel: (02) 776454.

#### ENGLISH LESSONS

Qualified and experienced teacher available to teach English to small groups or on a one-to-one basis. Tel: (02) 772991.

MATURE BABYSITTER Reliable, mature lady available for babysitting. Tel: (02) 623850 after 1600 hrs.

### EVENING BABYSITTING ANI ASSISTING AT PARTIES

Lady available for evening babysitting and assisting at drinks/ dinner parties. Tel Maroulla: (02) 330296 after 1600 hrs.

UK-TRAINED SEAMSTRESS available for alterations, zip replacements, costume making, etc. Also specialises in beautiful creative home fabric decorations. Contact Stella on (02) 491840.

#### BRITISH TRAINED SEAMSTRESS

Specialises in dressmaking for formal occasions, ball gowns, wedding dresses and outfits, etc, also alterations and repairs. Mrs Chris Broad. 28 Vyzantiou Street, Ayios Dhometios, Nicosia (close to UNPA, near Astra garage). Tel: (02) 773206.

#### MISCELLANEOUS

TEDDY TOTS PLAYGROUP, UNPA. Children from the UN and international community are most welcome. Ages: Two to rising five. Excellent facilities, air-conditioned, follows English pre-school curriculum. Small numbers in class. For further information Tel: (02) 359655 (school) or 359225 (home).

#### "BRATCON" YOUTH CLUB.

If you are aged between 8-16, and want to have some fun, "BRATCON" is the place to be seen. We are open on Tuesdays and Fridays from 6-8.30 pm at St Michael's School in the UNPA. Our Club is run by volunteers. We do everything from sporting activities to staging our own pantomime.

Come along and make some new friends. For further information, contact Pam Kingston on (02) 359112, or pop in on one of the nights that we are open and find out for yourself. Membership is £1.50 per term or £4 annually. Nightly subs - 50c for members and 75c for visitors.

VOLUNTEERS URGENTLY NEEDED. The "BRATCON" Youth Club urgently requires new volunteers to help out at their twice-weekly sessions. If you have some free time and would like to work with a bunch of happy kids, please contact Pam on (02) 359112 for more information. Don't delay pick up the phone NOW.

#### THE MAD HATTER'S TEA PARTY

You are cordially invited to the Mad Hatter's Tea Party on Wednesday 7 April

between 4:00-6:00 pm at St Michael's School.

EVERYONE WELCOME!
Bring your own picnic.

Come in Fancy Dress, an Easter Bonnet or just casual. Easter Egg Hunt and Raffle Prizes.

DON'T BE LATE for this very important date.

#### THE NICOSIA DOG SHELTER

requires a trainee volunteer for mornings with a view to full/part time paid employment in March/April. Call (02) 359010. It also desperately needs good homes for its many dogs and volunteer help at the Shelter. The Charity Shop is open daily and needs donations of good clothing, household items, brica-brac, etc. Please call (02) 369568 and help to support a good cause.



Easter is approaching fast and it's time to get writing those Easter cards again. Don't forget that we in the Public Information Office still have a considerable stock (shown above) which would suit members of UNFICYP when writing home to their nearest and dearest. Cost: £2 for 10.

Call in at the Public Information Office any time between 9:00 am and 12:00 pm daily.

#### CYPRUS KARTING CHAMPIONSHIP

Kart drivers from the local community, the Sovereign Base Areas and UNFICYP will take part in the first round of the Cyprus Karting Championship at 11.00 am on Sunday 4 April at the Nicosia Airport. Come and watch this spectacular sport with karts reaching speeds of up to 180 kph.

Free entrance, drinks and hotdog stands available. Not to be missed!

For your diary: the second round will take place on Sunday 18 April.

To advertise in the Blue Beret, send your ads to the Public Information Office at HQ UNFICYP or e-mail to blueberetcyprus@hotmail.com.

#### TRAVEL TIPS

A Brief View of Jordan
Jordan is a land of ancient
heritage with a history as old
as time itself. The country,
also known as the Hashemite
Kingdom, is a mere 45
minute flight away and yet

### full of stark differences. Main Places to Visit:

- Petra (2-3 hours from Amman) is the most famous sight and an experience not to be forgotten. The city is hewn from solid pink rock.
- . The Red Sea at Agaba.
- Jerash (½ hour from Amman) is the ancient Roman City which has survived an incredible 2,300 years.
- The Crusader Castles
- Madaba and Mount Nebo where Moses first looked over to the Promised Land and is also buried.
- The briny Dead Sea, the lowest point on Earth.
- Wadi Rum, the largest and most magnificent of Jordan's desert landscapes (where the famous Lawrence of Arabia was filmed).

Transport. Local transport is cheap. Yellow government taxis are reliable and run on a

Public transport is not recommended as buses do not have set schedules.

If you hire a car (right-hand drive), you can go as you please. It is very easy to drive from Amman to Petra and from Petra to Aqaba.

Where to Stay. Hotels in Jordan vary from 5-star to budget hotels. Prices start from £10 to £40 with breakfast.

Currency. The Jordanian Dinar. You can order dinars in advance from your bank, alternatively you can take US dollars and change to dinars in any local bank.

Visas and tax. All nationals

require visas and prices vary.
Check with the Jordanian
Consulate before departure.
On departure from Jordan,
everyone must pay departure
tax at Queen Alia Airport

(approximately Jod 10).

Final Words. Jordan is a great country for any traveller to visit, whether on a short break to see the great sights or for a more relaxed stay in Aqaba (Red Sea Resort). The locals are very friendly and speak English.

Good buys include sand bottles, handmade glass, jewellery, rugs and spices.

Local Arabic food is deli-

Ahlan Wa Sahlan! Welcome to Jordan! "Travel Tips" prepared by Penny of Chronos Travel

## BLUE BERET SPORTS SECTION

Louroujina Village 4: UN 2



High level of activity in Louroujina

ouroujina is a little village southeast of Nicosia, Ljust north of the Buffer Zone. It is also the base for Camp Berger, inhabited by a Hungarian UNtroop. The 370 residents of Louroujina were invited to get a football team together and play against the peacekeepers on Sunday 21 March. At stake: the losers were to treat the winners to drinks and snacks.

The pitch is surrounded by cars, pick-ups and an occasional tractor. Men, women and children left their houses to support the smart red shirted local team. Yusuf, who normally assists in the kitchen at Camp Berger, wears his whistle with pride and acts as the referee. "I have played football myself, but it's the first time I've acted as an official during a match." Two other villagers assist him as linesmen, waving T-shirts instead of flags.

The atmosphere is good. Every well performed effort or courageous action receives cheers from the public, regardless of the team they support. When one of the Hungarian players is downed, spectator Mehmet Ibrahim cries out: "Oh no, I am ashamed. It's a friendly game, he shouldn't do that!" But the players help each other back to their feet, shake hands and play on. Ten minutes before the final whistle the score is even: 2-2. But in a final effort both Tarik Yeniceri and Huseyin Agdac manage to kick the ball behind the Hungarian keeper: 4-2.

Mastercorporal Tibor Sajtos signed for both the Hungarian goals.

That means the Louroujina team will be treated by the Hungarian team. According to Captain Laszlo Horvath: "Losing a game is no problem. At least we have been active again and had a lot of fun." And according to the spectators, more matches like these should be organised!



Villagers and footballers having a good time!

Louroujina egy kis falu Nicosiától délkeletre éppen csak egy kicsit északra a Buffer Zonától. Ezenkívül itt van a magyar ENSZ katonák egyik bázisa: Camp Berger. A mindössze 370 lakost számláló falut a békefenntartók kihívták egy football mérkozésre március 21.-én, szombaton. A tét: a vesztes megvendégeli a gyoztest egy kis evészetre, ivászatra. A pálya körül autók és traktorok állnak. Férfiak, nok, gyerekek jöttek el otthonról , hogy drukkoljanak a vörösnadrágos helyi csapatnak. Juszuf, aki foállásban szakács Bergerben, most sípot kapott: O lett a bíró. Mint mondta O is focizott, de ez az elso alkalom hogy meccset vezet.

Két falubeli társa segíti munkáját mint partjelzok, de zászlók helyett pólókat lengetnek.

A légkör nagyon jó. Minden jó megmozdulás, szép összjáték kiváltja a közönség ujjongását, függetlenül attól melyik csapatnak drukkolnak. Ha elesnek, a játékosok felsegítik egymást, kezet fognak es folytatják a játékot.

10 percel a vége elott még 2:32 volt az álás, ám a hajrában Tarik Yenicerinek és Husejin Agdacnak sikerült gólt szereznie. A 4:2 es végeredmény azt jelenti hogy a magyar csapat látja vendégül a falusiak csapatát. Mint Horváth szds mondta: nem az a lényeg, hogy elvesztettük a meccset hanem hogy végre mozogtunk egy jót es jól érztük magunkat. És a nézok véleménye szerint több hasonló játékot kellene szervezni.

### **DHERINIA-DASH**

Tust before the Austrians rotated back to their beloved homeland in the Alps, platoon commander Horst Karas organised a march in the Buffer Zone.

All started at OP-146, the most eastern observation post at the coast of the Meditterenean. All two member teams were dressed in sports outfit, but carried a lot of equipment, which they would need during the event, with them. They were issued with a very brief map of the Buffer Zone, but it could also have been a tourist map to Soho.

What was supposed to be a smooth walk, turned out to be a sweatening struggle. Horst Karas planned different competitions, amongst which were a military knowledge test, knife-throwing and dummy hand grenade throwing.

After the highly appreciated happening, Lieutenant Sebastian Hitz and Sergeant Franz Santner proved to have finished best.



'Tribesman' Hitz on his way to glory



100 down, 3900 to go......

The Argentinians believe that all military Box Factory to do the test on the flat open land. personnel should be qualified physically and mentally for any kind of military operation - including peacekeeping operations. To check that all is well, Argentina's Armed Forces undertake two physical tests per year.

On Monday 16 March, the Sector One Operations Officer selected an area for the test. The topography around the bases varies a lot. There are hills in the Kokkina pocket and plains around Astromeritis. Sector One personnel ended up gathersing at the

Mens sana in corpore

You will like to know what kind of test was taken. OK, here we go ...

The soldiers started off with a four-kilometre race around track 200 between Patrol Base 33 and the Box Factory entrance. Then they moved on to sit-up exercises and finally they did the famous push- ups.

Next month two other parts, shooting and swimming, will have to be tested. Meanwhile, if you want to assess your own fitness, below you find the Argentinian Army standards:

Age:	125	26/30	31/35	36/40	41/45	46/50	51/55	56/60
90 sec push-ups	50	46	42	38	34	30	26	22
4 km running	16'40"	17'40"	18'40"	19'40"	21'40"	24'40"	26'40"	28'40"
90 sec sit-ups	60	58	56	50	44	40	36	32